



# Coles LAA National Camp 2022

## Qualifying Standards\*

	2019 Boys	2020 Boys	2021 Boys	Average over 3yr period		2019 Girls	2020 Girls	2021 Girls	Average over 3yr period
<b>EVENT</b>	<b>U14</b>	<b>U14</b>	<b>U14</b>		<b>EVENT</b>	<b>U14</b>	<b>U14</b>	<b>U14</b>	
100m	12.26	11.83	11.95	12.01	100m	13.18	12.99	13.16	13.11
200m	24.75	23.97	24.40	24.37	200m	26.68	26.26	27.06	26.67
400m	56.38	55.33	55.38	55.70	400m	61.71	61.05	61.05	61.27
800m	2:12.64	02:12.2	2:14.57	2:13.14	800m	2:26.45	2:26.11	2:26.66	2:26.41
1500m	4:36.92	4:41.19	4:41.89	4:40.00	1500m	5:01.28	5:05.86	5:07.90	5:05.01
80m Hurdles					80m Hurdles	13.38	13.16	13.86	13.47
90m Hurdles	13.7	13.36	13.96	13.67					
200m Hurdles	28.76	27.38	27.82	27.99	200m Hurdles	30.59	29.78	30.20	30.19
1500m Walk	7:45.05	7:28.22	7:37.33	7:37.33	1500m Walk	8:08.09	7:39.18	7:47.69	7:51.65
Long Jump	5.53	5.92	5.64	5.70	Long Jump	4.98	5.17	4.89	5.01
Triple Jump	11.37	12.37	11.46	11.73	Triple Jump	10.61	10.73	10.32	10.55
High Jump	1.64	1.68	1.66	1.66	High Jump	1.52	1.54	1.52	1.53
Shot Put 3Kg	13.31	16.01	14.23	14.52	Shot Put 3Kg	10.23	11.55	10.69	10.82
Discus 1Kg	38.63	44.09	39.41	40.71	Discus 1Kg	28.85	34.28	30.69	31.27
Javelin	37.92	41.86	40.11	39.96	Javelin	32.24	36.23	32.69	33.72

\*Guide Only-actual 2022 Camp QS will be determined on completion of all State Championships.