



Final Program

2020 SA Power Networks
State Relay Championships

coles



Sunday 13th December 2020

Times in **blue** are the normal program, times in **red** are the Hot Weather Program.

Under 8 Boys

24	4x100m	TR1	FINAL	11:45 AM	10:05 AM
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Under 8 Girls

25	4x100m	TR1	FINAL	12:00 PM	10:20 AM
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Under 9 Boys

10	4x200m	TR1	HEATS	10:20 AM	9:20 AM
47	4x100m	TR1	HEATS	1:36 PM	11:59 AM
54	Long Jump	LJ1	FINAL	2:30 PM	5:30 PM
69	4x200m	TR1	FINAL	3:05 PM	6:45 PM
73	Shot Put	SP1	FINAL	3:30 PM	6:20 PM
89	4x100m	TR1	FINAL	4:12 PM	7:38 PM
92	Discus	D1	FINAL	4:30 PM	7:10 PM
112	High Jump	HJ3	FINAL	5:30 PM	8:00 PM

Under 9 Girls

20	4x200m	TR1	HEATS	10:10 AM	9:10 AM
40	4x100m	TR1	HEATS	1:28 PM	11:51 AM
55	Long Jump	LJ2	FINAL	2:30 PM	5:30 PM
68	4x200m	TR1	FINAL	3:00 PM	6:40 PM
74	Shot Put	SP2	FINAL	3:30 PM	6:20 PM
88	4x100m	TR1	FINAL	4:08 PM	7:34 PM
93	Discus	D2	FINAL	4:30 PM	7:10 PM
113	High Jump	HJ4	FINAL	5:30 PM	8:00 PM

Under 10 Boys

13	4x200m	TR1	HEATS	9:55 AM	8:55 AM
39	4x100m	TR1	HEATS	1:16 PM	11:39 AM
56	High Jump	HJ3	FINAL	2:30 PM	5:30 PM
67	4x200m	TR1	FINAL	2:55 PM	6:35 PM
75	Discus	D1	FINAL	3:30 PM	6:20 PM
87	4x100m	TR1	FINAL	4:04 PM	7:30 PM
94	Long Jump	LJ1	FINAL	4:30 PM	7:10 PM
114	Shot Put	SP1	FINAL	5:30 PM	8:00 PM

Under 10 Girls

12	4x200m	TR1	HEATS	9:40 AM	8:40 AM
38	4x100m	TR1	HEATS	1:04 PM	11:27 AM
57	High Jump	HJ4	FINAL	2:30 PM	5:30 PM
66	4x200m	TR1	FINAL	2:50 PM	6:30 PM
76	Discus	D2	FINAL	3:30 PM	6:20 PM
86	4x100m	TR1	FINAL	4:00 PM	7:26 PM
95	Long Jump	LJ2	FINAL	4:30 PM	7:10 PM
115	Shot Put	SP2	FINAL	5:30 PM	8:00 PM

Under 11 Boys

11	4x200m	TR1	HEATS	9:30 AM	8:30 AM
37	4x100m	TR1	HEATS	12:56 PM	11:19 AM
58	Shot Put	SP1	FINAL	2:30 PM	5:30 PM
65	4x200m	TR1	FINAL	2:45 PM	6:25 PM
77	Long Jump	LJ1	FINAL	3:30 PM	6:20 PM
85	4x100m	TR1	FINAL	3:56 PM	7:22 PM
96	High Jump	HJ1	FINAL	4:30 PM	7:10 PM
116	Discus	D1	FINAL	5:30 PM	8:00 PM

Under 11 Girls

9	4x200m	TR1	HEATS	9:20 AM	8:20 AM
36	4x100m	TR1	HEATS	12:48 PM	11:11 AM
59	Shot Put	SP2	FINAL	2:30 PM	5:30 PM
64	4x200m	TR1	FINAL	2:40 PM	6:20 PM
78	Long Jump	LJ2	FINAL	3:30 PM	6:20 PM
84	4x100m	TR1	FINAL	3:52 PM	7:18 PM
97	High Jump	HJ2	FINAL	4:30 PM	7:10 PM
117	Discus	D2	FINAL	5:30 PM	8:00 PM

South Australian Little Athletics Association

Under 9-11 Mixed

23	800m Medley	TR1	HEATS	10:55 AM	9:55 AM
49	800m Medley	TR1	FINAL	1:55 PM	5:35 PM

Under 12 Girls

1	4x200m	TR1	HEATS	9:00 AM	8:00 AM
34	4x100m	TR1	HEATS	12:32 PM	10:55 AM
61	Discus	D2	FINAL	2:30 PM	5:30 PM
62	4x200m	TR1	FINAL	2:30 PM	6:10 PM
80	High Jump	HJ2	FINAL	3:30 PM	6:20 PM
82	4x100m	TR1	FINAL	3:44 PM	7:10 PM
99	Shot Put	SP2	FINAL	4:30 PM	7:10 PM
119	Long Jump	LJ2	FINAL	5:30 PM	8:00 PM

Under 12 Boys

8	4x200m	TR1	HEATS	9:10 AM	8:10 AM
35	4x100m	TR1	HEATS	12:40 PM	11:03 AM
60	Discus	D1	FINAL	2:30 PM	5:30 PM
63	4x200m	TR1	FINAL	2:35 PM	6:15 PM
79	High Jump	HJ1	FINAL	3:30 PM	6:20 PM
83	4x100m	TR1	FINAL	3:48 PM	7:14 PM
98	Shot Put	SP1	FINAL	4:30 PM	7:10 PM
118	Long Jump	LJ1	FINAL	5:30 PM	8:00 PM

Under 13 Girls

3	Long Jump	LJ2	FINAL	9:00 AM	8:00 AM
15	Discus	D2	FINAL	10:00 AM	8:50 AM
29	Shot Put	SP2	FINAL	12:30 PM	9:40 AM
42	High Jump	HJ2	FINAL	1:30 PM	10:30 AM
52	4x200m	TR1	HEATS	2:10 PM	5:50 PM
72	4x100m	TR1	HEATS	3:28 PM	6:58 PM
103	4x200m	TR1	FINAL	4:45 PM	8:07 PM
110	4x100m	TR1	FINAL	5:20 PM	8:37 PM

Under 13 Boys

2	Long Jump	LJ1	FINAL	9:00 AM	8:00 AM
14	Discus	D1	FINAL	10:00 AM	8:50 AM
28	Shot Put	SP1	FINAL	12:30 PM	9:40 AM
41	High Jump	HJ1	FINAL	1:30 PM	10:30 AM
53	4x200m	TR1	HEATS	2:20 PM	6:00 PM
81	4x100m	TR1	HEATS	3:36 PM	7:06 PM
104	4x200m	TR1	FINAL	4:50 PM	8:12 PM
111	4x100m	TR1	FINAL	5:24 PM	8:41 PM

Under 14 Girls

5	High Jump	HJ2	FINAL	9:00 AM	8:00 AM
17	Long Jump	LJ2	FINAL	10:00 AM	8:50 AM
31	Discus	D2	FINAL	12:30 PM	9:40 AM
44	Shot Put	SP2	FINAL	1:30 PM	10:30 AM
50	4x200m	TR1	FINAL	2:00 PM	5:40 PM
70	4x100m	TR1	FINAL	3:20 PM	6:50 PM

Under 14 Boys

4	High Jump	HJ1	FINAL	9:00 AM	8:00 AM
16	Long Jump	LJ1	FINAL	10:00 AM	8:50 AM
30	Discus	D1	FINAL	12:30 PM	9:40 AM
43	Shot Put	SP1	FINAL	1:30 PM	10:30 AM
51	4x200m	TR1	FINAL	2:05 PM	5:45 PM
71	4x100m	TR1	FINAL	3:24 PM	6:54 PM

Under 12-14 Mixed

22	800m Medley	TR1	HEATS	10:40 AM	9:40 AM
48	800m Medley	TR1	FINAL	1:50 PM	5:30 PM

Under 15 Boys

6	Shot Put	SP1	FINAL	9:00 AM	8:00 AM
18	High Jump	HJ1	FINAL	10:00 AM	8:50 AM
32	Long Jump	LJ1	FINAL	12:30 PM	9:40 AM

Under 15 Girls

7	Discus	D1	FINAL	9:00 AM	8:00 AM
19	Shot Put	SP1	FINAL	10:00 AM	8:50 AM
33	High Jump	HJ2	FINAL	12:30 PM	9:40 AM

South Australian Little Athletics Association

Under 15 Boys (Continued)

45	Discus	D1	FINAL	1:30 PM	10:30 AM
101	4x200m	TR1	FINAL	4:35 PM	7:57 PM
108	4x100m	TR1	FINAL	5:12 PM	8:29 PM

Under 16 Boys

6	Shot Put	SP1	FINAL	9:00 AM	8:00 AM
18	High Jump	HJ1	FINAL	10:00 AM	8:50 AM
32	Long Jump	LJ1	FINAL	12:30 PM	9:40 AM
45	Discus	D1	FINAL	1:30 PM	10:30 AM
100	4x200m	TR1	FINAL	4:30 PM	7:52 PM
107	4x100m	TR1	FINAL	5:08 PM	8:25 PM

Under 17 Boys

6	Shot Put	SP1	FINAL	9:00 AM	8:00 AM
18	High Jump	HJ1	FINAL	10:00 AM	8:50 AM
32	Long Jump	LJ1	FINAL	12:30 PM	9:40 AM
45	Discus	D1	FINAL	1:30 PM	10:30 AM
100	4x200m	TR1	FINAL	4:30 PM	7:52 PM
107	4x100m	TR1	FINAL	5:08 PM	8:25 PM

Under 17 Mixed

21	800m Medley	TR1	FINAL	10:35 AM	9:35 AM
102	4x200m	TR1	FINAL	4:40 PM	8:02 PM
109	4x100m	TR1	FINAL	5:16 PM	8:33 PM

Under 15 Girls (Continued)

46	Long Jump	LJ1	FINAL	1:30 PM	10:30 AM
91	4x200m	TR1	FINAL	4:25 PM	7:47 PM
106	4x100m	TR1	FINAL	5:04 PM	8:21 PM

Under 16 Girls

7	Discus	D1	FINAL	9:00 AM	8:00 AM
19	Shot Put	SP1	FINAL	10:00 AM	8:50 AM
33	High Jump	HJ2	FINAL	12:30 PM	9:40 AM
46	Long Jump	LJ1	FINAL	1:30 PM	10:30 AM
90	4x200m	TR1	FINAL	4:20 PM	7:42 PM
105	4x100m	TR1	FINAL	5:00 PM	8:17 PM

Under 17 Girls

7	Discus	D1	FINAL	9:00 AM	8:00 AM
19	Shot Put	SP1	FINAL	10:00 AM	8:50 AM
33	High Jump	HJ2	FINAL	12:30 PM	9:40 AM
46	Long Jump	LJ1	FINAL	1:30 PM	10:30 AM
90	4x200m	TR1	FINAL	4:20 PM	7:42 PM
105	4x100m	TR1	FINAL	5:00 PM	8:17 PM

Dads

27	4x100m	TR1	FINAL	12:23 PM	10:43 AM
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Mums

26	4x100m	TR1	FINAL	12:15 PM	10:35 AM
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