



Coles LAA National Camp 2020

Qualifying Standards*

	2020 Boys		2020 Girls
EVENT		EVENT	
100m	<i>12.02</i>	100m	<i>13.04</i>
200m	<i>24.62</i>	200m	<i>26.73</i>
400m	<i>56.07</i>	400m	<i>61.37</i>
800m	<i>02:13.80</i>	800m	<i>2:25.53</i>
1500m	<i>04:46</i>	1500m	<i>05:03.7</i>
80m Hurdles		80m Hurdles	<i>13.31</i>
90m Hurdles	<i>13.75</i>		
200m Hurdles	<i>27.77</i>	200m Hurdles	<i>29.90</i>
1500m Walk	<i>07:53.1</i>	1500m Walk	<i>07:55</i>
Long Jump	<i>5.74</i>	Long Jump	<i>5.06</i>
Triple Jump	<i>11.76</i>	Triple Jump	<i>10.57</i>
High Jump	<i>1.65</i>	High Jump	<i>1.53</i>
Shot Put 3Kg	<i>13.89</i>	Shot Put 3Kg	<i>10.97</i>
Discus 1Kg	<i>37.16</i>	Discus 1Kg	<i>31.00</i>
Javelin	<i>39.01</i>	Javelin	<i>34.36</i>

*Guide Only-actual 2020 Camp QS will be determined on completion of all State Championships.