

## Sunday 8<sup>th</sup> March 2020

Times in blue are the normal program, times in red are the Hot Weather Program. No 1500m on Hot Weather program. Track 2 in use on Hot Weather Program.

### Under 8 Boys

1	High Jump	HJ3	Final	9:00 AM	8:00 AM
13	60m Hurdles	TR1	Final	9:30 AM	8:00 AM
26	Discus	DT1/DT2	Final	10:30 AM	9:00 AM
41	200m	TR1	Final	11:30 AM	8:48 AM
44	Long Jump	LJ1/LJ2	Final	12:00 PM	10:00 AM
54	Shot Put	SP1/SP2	Final	12:45 PM	10:30 AM
63	70m	TR1	Final	1:20 PM	5:30 PM
96	100m	TR1	Final	3:30 PM	6:30 PM
118	700m	TR1	Final	5:10 PM	8:05 PM

### Under 8 Girls

2	Discus	DT1	Final	9:00 AM	8:00 AM
14	60m Hurdles	TR1	Final	9:38 AM	8:08 AM
27	High Jump	HJ3	Final	10:30 AM	9:00 AM
42	200m	TR1	Final	11:40 AM	8:58 AM
55	Long Jump	LJ1/LJ2	Final	12:45 PM	10:30 AM
64	70m	TR1	Final	1:29 PM	5:39 PM
97	100m	TR1	Final	3:42 PM	6:42 PM
109	Shot Put	SP1	Final	4:30 PM	7:30 PM
119	700m	TR1	Final	5:15 PM	8:10 PM

### Under 9 Boys

15	Long Jump	LJ1/LJ2	Final	9:45 AM	8:30 AM
21	60m Hurdles	TR1	Final	9:46 AM	8:16 AM
43	200m	TR1	Final	11:50 AM	9:08 AM
45	High Jump	HJ3	Final	12:00 PM	10:00 AM
65	Discus	DT1/DT2	Final	1:30 PM	5:30 PM
70	70m	TR1	Final	1:38 PM	5:48 PM
81	400m	TR1	Final	2:30 PM	9:50 AM
98	Shot Put	SP1/SP2	Final	3:45 PM	7:00 PM
104	100m	TR1	Final	3:54 PM	6:54 PM
123	800m	TR1	Final	5:20 PM	8:15 PM

### Under 9 Girls

3	Long Jump	LJ1/LJ2	Final	9:00 AM	8:00 AM
16	Discus	DT1/DT2	Final	9:45 AM	8:30 AM
22	60m Hurdles	TR1	Final	9:54 AM	8:24 AM
46	Shot Put	SP1	Final	12:00 PM	10:00 AM
47	200m	TR1	Final	12:00 PM	9:18 AM
66	High Jump	HJ3	Final	1:30 PM	5:30 PM
71	70m	TR1	Final	1:47 PM	5:57 PM
82	400m	TR1	Final	2:36 PM	9:56 AM
105	100m	TR1	Final	4:00 PM	7:00 PM
124	800m	TR1	Final	5:25 PM	8:20 PM

### Under 10 Boys

23	60m Hurdles	TR1	Final	10:06 AM	8:36 AM
28	Long Jump	LJ1/LJ2	Final	10:30 AM	9:00 AM
36	Shot Put	SP1	Final	11:15 AM	9:30 AM
50	200m	TR1	Final	12:10 PM	9:28 AM
72	70m	TR1	Final	1:53 PM	6:03 PM
74	Discus	DT1/DT2	Final	2:15 PM	6:00 PM
83	400m	TR1	Final	2:42 PM	10:02 AM
86	High Jump	HJ3	Final	3:00 PM	6:30 PM
106	100m	TR1	Final	4:09 PM	7:09 PM
125	800m	TR1	Final	5:30 PM	8:25 PM

### Under 10 Girls

24	60m Hurdles	TR1	Final	10:14 AM	8:44 AM
29	Shot Put	SP1	Final	10:30 AM	9:00 AM
37	Long Jump	LJ1/LJ2	Final	11:15 AM	9:30 AM
51	200m	TR1	Final	12:20 PM	9:38 AM
73	70m	TR1	Final	1:59 PM	6:09 PM
84	400m	TR1	Final	2:51 PM	10:11 AM
87	Discus	DT1	Final	3:00 PM	6:30 PM
107	100m	TR1	Final	4:18 PM	7:18 PM
110	High Jump	HJ3	Final	4:30 PM	7:30 PM
126	800m	TR1	Final	5:40 PM	8:35 PM

### Under 11 Boys

7	1500m	TR1	Final	9:05 AM	
17	High Jump	HJ1	Final	9:45 AM	8:30 AM
25	80m Hurdles	TR1	Final	10:26 AM	8:52 AM
38	Javelin	Jav	Final	11:15 AM	9:30 AM
52	200m	TR1	Final	12:30 PM	8:00 AM
75	Shot Put	SP1/SP2	Final	2:15 PM	6:00 PM

### Under 11 Girls

8	1500m	TR1	Final	9:05 AM	
31	80m Hurdles	TR1	Final	10:34 AM	9:00 AM
39	High Jump	HJ1	Final	11:15 AM	9:30 AM
53	200m	TR1	Final	12:40 PM	8:10 AM
56	Javelin	Jav	Final	12:45 PM	10:30 AM
67	Triple Jump	TJ1/TJ2	Final	1:30 PM	5:30 PM

### Under 11 Boys (Continued)

85	400m	TR1	Final	2:57 PM	10:17 AM
88	Triple Jump	TJ1/TJ2	Final	3:00 PM	6:30 PM
108	100m	TR1	Final	4:24 PM	7:24 PM
111	Discus	DT1	Final	4:30 PM	7:30 PM
120	Long Jump	LJ1/LJ2	Final	5:15 PM	8:00 PM
127	800m	TR1	Final	5:45 PM	8:40 PM

### Under 11 Girls (Continued)

89	Shot Put	SP1	Final	3:00 PM	6:30 PM
90	400m	TR1	Final	3:00 PM	10:20 AM
99	Discus	DT1/DT2	Final	3:45 PM	7:00 PM
112	Long Jump	LJ1/LJ2	Final	4:30 PM	7:30 PM
113	100m	TR1	Final	4:33 PM	7:33 PM
128	800m	TR1	Final	5:50 PM	8:45 PM

### Under 12 Boys

4	Triple Jump	TJ1	Final	9:00 AM	8:00 AM
9	1500m	TR1	Final	9:15 AM	
18	Shot Put	SP1	Final	9:45 AM	8:30 AM
32	80m Hurdles	TR1	Final	10:46 AM	9:12 AM
57	High Jump	HJ1	Final	12:45 PM	10:30 AM
59	200m	TR1	Final	12:50 PM	8:20 AM
76	Javelin	Jav	Final	2:15 PM	6:00 PM
92	400m	TR1	Final	3:06 PM	10:26 AM
100	Long Jump	LJ1	Final	3:45 PM	7:00 PM
114	100m	TR1	Final	4:39 PM	7:39 PM
121	Discus	DT1	Final	5:15 PM	8:00 PM
129	800m	TR1	Final	5:55 PM	8:50 PM

### Under 12 Girls

5	Shot Put	SP1	Final	9:00 AM	8:00 AM
10	1500m	TR1	Final	9:15 AM	
19	Triple Jump	TJ1/TJ2	Final	9:45 AM	8:30 AM
33	80m Hurdles	TR1	Final	10:54 AM	9:20 AM
58	Discus	DT1/DT2	Final	12:45 PM	10:30 AM
60	200m	TR1	Final	12:58 PM	8:28 AM
68	Long Jump	LJ1/LJ2	Final	1:30 PM	5:30 PM
77	High Jump	HJ1	Final	2:15 PM	6:00 PM
93	400m	TR1	Final	3:12 PM	10:32 AM
101	Javelin	Jav	Final	3:45 PM	7:00 PM
115	100m	TR1	Final	4:45 PM	7:45 PM
130	800m	TR1	Final	6:00 PM	8:55 PM

### Under 13 Boys

11	1500m	TR1	Final	9:15 AM	
20	Javelin	Jav	Final	9:45 AM	8:30 AM
34	80m Hurdles	TR1	Final	11:06 AM	9:32 AM
40	Discus	DT1	Final	11:15 AM	9:30 AM
48	Triple Jump	TJ1	Final	12:00 PM	10:00 AM
61	200m	TR1	Final	1:06 PM	8:36 AM
69	Shot Put	SP1	Final	1:30 PM	5:30 PM
78	Long Jump	LJ1	Final	2:15 PM	6:00 PM
79	200m Hurdles	TR1	Final	2:15 PM	6:20 PM
94	400m	TR1	Final	3:18 PM	10:38 AM
102	High Jump	HJ1	Final	3:45 PM	7:00 PM
116	100m	TR1	Final	4:54 PM	7:54 PM
131	800m	TR1	Final	6:05 PM	9:00 PM

### Under 13 Girls

6	Javelin	Jav	Final	9:00 AM	8:00 AM
12	1500m	TR1	Final	9:15 AM	
30	Triple Jump	TJ1	Final	10:30 AM	9:00 AM
35	80m Hurdles	TR1	Final	11:10 AM	9:36 AM
49	Discus	DT1	Final	12:00 PM	10:00 AM
62	200m	TR1	Final	1:09 PM	8:39 AM
80	200m Hurdles	TR1	Final	2:15 PM	6:20 PM
91	Long Jump	LJ1	Final	3:00 PM	6:30 PM
95	400m	TR1	Final	3:21 PM	10:41 AM
103	High Jump	HJ2	Final	3:45 PM	7:00 PM
117	100m	TR1	Final	4:57 PM	7:57 PM
122	Shot Put	SP1	Final	5:15 PM	8:00 PM
132	800m	TR1	Final	6:05 PM	9:00 PM