

South Australian Little Athletics Association Qualifying Standards

2019/20 State Challenge

Under 14 to 17 athletes are not eligible for the State Challenge, as they are able to automatically qualify for the State Individual Championships.

Boys Standards						
Event	U8	U9	U10	U11	U12	U13
70m	*	15.0	22.0			
100m	*	25.0	26.0	27.0	25.0	19.0
200m	*	53.0	55.0	50.0	52.0	55.0
400m		2.30	2.00	2.25	2.10	2.00
700m	*					
800m		6.00	5.30	5.00	4.55	4.30
1500m				9.00	9.00	8.30
Hurdles	*	22.0	25.0	44.0	42.0	40.0
200mH						55.0
Shot Put	*	2.50	3.00	3.50	4.00	4.00
Discus	*	5.00	6.00	6.00	8.00	10.00
Long Jump	*	2.00	2.00	2.00	2.20	2.50
Triple Jump				4.00	5.00	5.50
High Jump	*	0.60	0.65	0.70	0.80	0.85
Javelin				5.00	6.00	6.50

Girls Standards						
Event	U8	U9	U10	U11	U12	U13
70m	*	17.0	17.0			
100m	*	26.0	25.5	25.0	23.0	20.0
200m	*	59.0	58.0	55.0	53.0	51.0
400m		2.30	2.28	2.24	2.20	2.10
700m	*					
800m		5.40	5.30	5.15	5.05	5.00
1500m				10.00	10.00	9.30
Hurdles	*	25.0	24.0	44.0	42.0	40.0
200mH						59.0
Shot Put	*	2.50	2.60	3.30	3.50	3.80
Discus	*	4.50	5.00	5.20	7.20	8.00
Long Jump	*	1.50	1.60	1.80	2.00	2.50
Triple Jump				4.00	4.20	5.00
High Jump	*	0.60	0.65	0.75	0.85	0.90
Javelin				4.00	5.00	6.00

Note: There are no qualifying standards for the U8 age group. Athletes must have a valid recorded performance in each event they wish to enter. Athletes must still meet the attendance requirements to be eligible for the State Challenge.

Under 14 to 17 athletes are not eligible for the State Challenge, as they are able to automatically qualify for the State Individual Championships.

Para-athletes are eligible for the State Challenge if they have not met the qualifying standards for the State Individual Championships.

Athletes may only enter the State Challenge if they have not qualified for three or more events in the State Individual Championships (other than Race Walking events).