

Coles LAA National Camp 2019

Qualifying Standards

	2019 Under 14 Boys	2019 Under 15 Boys		2019 Under 14 Girls	2019 Under 15 Girls
EVENT	U14	U15	EVENT	U14	U15
100m	12.10	12.10	100m	13.10	13.10
200m	24.75	24.75	200m	27.05	27.05
400m	56.10	56.10	400m	61.80	61.80
800m	02:15.00	02:15.00	800m	02:26.00	02:26.00
1500m	04:46.00	04:46.00	1500m	05:04.00	05:04.00
80m Hurdles			80m Hurdles	13.42	13.42
90m Hurdles	13.71		90m Hurdles		15.10
100m Hurdles		15.2	100m Hurdles		
200m Hurdles	27.80		200m Hurdles	29.90	29.90
300m Hurdles		44.00	300m Hurdles		50.00
1500m Walk	07:51.00	07:51.00	1500m Walk	07:49.00	07:49.00
Long Jump	5.75	5.75	Long Jump	5.05	5.05
Triple Jump	11.80	11.80	Triple Jump	10.57	10.57
High Jump	1.64	1.64	High Jump	1.54	1.54
Shot Put 3Kg	13.80	12.5	Shot Put 3Kg	10.94	10.94
Discus 1Kg	37.20	37.20	Discus 1Kg	30.70	30.70
Javelin	37.50	33.75	Javelin	34.32	30.80

