

# DRUG AND ALCOHOL POLICY



## Scope

This policy is an approved policy of the South Australian Little Athletics Association INC. Affiliated members of the association are required to adhere to this policy and are encouraged to adopt this at Centre level for the benefit of all members of the association.

## Introduction

The South Australian Little Athletics Association is committed to providing a safe and healthy environment at all sporting and social events that we hold or endorse.

We do not believe that the deliberate use of drugs for the purpose of improving performance is a clear and increasing problem within Little Athletics in South Australia. However, we as a body must accept that it is a possibility that cannot be ignored. The more likely situation we face is the non-deliberate use of banned substances (e.g. ingredients in some cough medicines) by younger athletes.

## Policy

- SALAA strongly opposes the use of any banned substances for the purpose of obtaining an advantage in competition. Additionally, we are opposed to the use of illegal recreational drugs.
- SALAA recognises the role of Australian Sport Anti-Drug Agency (ASADA) in the development of policies pertaining to drugs in sport. We will abide by the ASADA rules and regulations, and will conduct all association events according to these standards.
- SALAA encourages all of its Centres and Clubs to provide educational opportunities for their Members, regarding the risks of using banned substances, illegal recreational drugs, and legal recreational drugs such as alcohol and tobacco.
- NO smoking shall occur at or near sporting events involving children and young people under the age of 18. This policy applies to coaches, players, trainers, officials and volunteers.
- Social events shall be smoke-free, with smoking permitted at designated outdoor smoking areas
- Coaches, officials, trainers, volunteers and players will refrain from smoking while they are involved in an official capacity in our sport, both on and off the field.
- Coaches, officials, trainers, volunteers and/or other people assisting with children at SALAA activities are prohibited from being under the influence of alcohol or other substances for the duration of the activities. If they are found to be under the influence then they will be asked to cease assisting with the activities and/or may be asked to leave the event.

There will be no sale or consumption of alcohol during the conduct of any SA Little Athletics activity other than consumption in a designated area away from the sporting arena .

For the purpose of this Policy, “activity” includes competitions, carnivals, championships, coaching events/activities, education clinics and school events/activities. It does not include social activities conducted away from competition or coaching venues

### **During other social activities conducted away from competitions.**

- Where possible alcohol-free social events be provided for young people and families
- Food and low-alcohol and non-alcohol drinks be available at events where alcohol is served
- A responsible person is present at events where alcohol is served to ensure appropriate practices in respect of the consumption of alcohol are followed
- Safe transport options are promoted as part of any event where alcohol is served

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## Authorisation

<Signature of the Chief Executive Officer>\_\_\_\_\_

<Date of approval by the Board>\_\_\_\_\_

### **For Further information on this document, please contact:**

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