DRAFT PROGRAM

RAA

State Relay Championships

SA Athletics Stadium

13 December 2026

Under 8 Boys

Under 8 Boys

45	4x70m	TR1	Timed Finals	12:40 PM

Under 9 Boys

28	4x200m	TR1	HEATS	10:18 AM
67	4x200m	TR1	FINAL	2:07 PM
76	Long Jump	LJ1	FINAL	2:30 PM
93	Shot Put	SP1	FINAL	3:30 PM
98	4x100m	TR1	HEATS	4:25 PM
99	Discus	DT1	FINAL	4:30 PM
119	High Jump	HJ3	FINAL	5:30 PM
126	4x100m	TR1	FINAL	5:39 PM

Under 9 Mixed

30	Swedish Medley	TR1	Timed Finals	10:48 AM

Under 10 Boys

16	4x200m	TR1	HEATS	9:48 AM
65	4x200m	TR1	FINAL	1:55 PM
74	High Jump	HJ3	FINAL	2:30 PM
87	Discus	DT1	FINAL	3:30 PM
96	4x100m	TR1	HEATS	3:55 PM
101	Long Jump	LJ1	FINAL	4:30 PM
116	4x100m	TR1	FINAL	5:29 PM
123	Shot Put	SP1	FINAL	5:30 PM

Under 10 Mixed

30	Swedish Medley	TR1	Timed Finals	10:48 AM

Under 11 Boys

14	4x200m	TR1	HEATS	9:12 AM
63	4x200m	TR1	FINAL	1:43 PM
78	Shot Put	SP1	FINAL	2:30 PM
86	4x100m	TR1	HEATS	3:25 PM
91	Long Jump	LJ1	FINAL	3:30 PM
109	High Jump	HJ1	FINAL	5:00 PM
114	4x100m	TR1	FINAL	5:19 PM
117	Discus	DT1	FINAL	5:30 PM

Under 11 Mixed

30	Swedish Medley	TR1	Timed Finals	10:48 AM

Under 12 Boys

2	4x200m	TR1	HEATS	8:42 AM
61	4x200m	TR1	FINAL	1:31 PM
72	Discus	DT1	FINAL	2:30 PM

Under 8 Girls

Under 8 Girls

34	4x70m	TR1	Timed Finals	12:25 PM

Under 9 Girls

27	4x200m	TR1	HEATS	10:06 AM
66	4x200m	TR1	FINAL	2:01 PM
77	Long Jump	LJ2	FINAL	2:30 PM
94	Shot Put	SP2	FINAL	3:30 PM
97	4x100m	TR1	HEATS	4:10 PM
100	Discus	DT2	FINAL	4:30 PM
120	High Jump	HJ4	FINAL	5:30 PM
125	4x100m	TR1	FINAL	5:34 PM

Under 10 Girls

15	4x200m	TR1	HEATS	9:30 AM
64	4x200m	TR1	FINAL	1:49 PM
75	High Jump	HJ4	FINAL	2:30 PM
88	Discus	DT2	FINAL	3:30 PM
95	4x100m	TR1	HEATS	3:40 PM
102	Long Jump	LJ2	FINAL	4:30 PM
115	4x100m	TR1	FINAL	5:24 PM
124	Shot Put	SP2	FINAL	5:30 PM

Under 11 Girls

3	4x200m	TR1	HEATS	8:54 AM
62	4x200m	TR1	FINAL	1:37 PM
79	Shot Put	SP2	FINAL	2:30 PM
85	4x100m	TR1	HEATS	3:10 PM
92	Long Jump	LJ2	FINAL	3:30 PM
110	High Jump	HJ2	FINAL	5:00 PM
113	4x100m	TR1	FINAL	5:14 PM
118	Discus	DT2	FINAL	5:30 PM

Under 12 Girls

1	4x200m	TR1	HEATS	8:30 AM
50	4x200m	TR1	FINAL	1:25 PM
73	Discus	DT2	FINAL	2:30 PM
83	4x100m	TR1	HEATS	2:50 PM
90	High Jump	HJ2	FINAL	3:30 PM
104	Shot Put	SP2	FINAL	4:30 PM
111	4x100m	TR1	FINAL	5:04 PM
122	Long Jump	LJ2	FINAL	5:30 PM

Under 13 Girls

10	Long Jump	LJ2	FINAL	9:00 AM
18	Discus	DT2	FINAL	10:00 AM

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84	4x100m	TR1	HEATS	3:00 PM
89	High Jump	HJ1	FINAL	3:30 PM
103	Shot Put	SP1	FINAL	4:30 PM
112	4x100m	TR1	FINAL	5:09 PM
121	Long Jump	LJ1	FINAL	5:30 PM

Under 12 Mixed

29	Swedish Medley	TR1	Timed Finals	10:36 AM

Under 13 Boys

9	Long Jump	LJ1	FINAL	9:00 AM
17	Discus	DT1	FINAL	10:00 AM
43	Shot Put	SP1	FINAL	12:30 PM
47	4x200m	TR1	HEATS	1:05 PM
54	High Jump	HJ1	FINAL	1:30 PM
82	4x200m	TR1	FINAL	2:43 PM
108	4x100m	TR1	HEATS	4:56 PM
131	4x100m	TR1	FINAL	6:00 PM

Under 13 Mixed

29	Swedish Medley	TR1	Timed Finals	10:36 AM

Under 14 Boys

7	High Jump	HJ1	FINAL	9:00 AM
22	Long Jump	LJ1	FINAL	10:00 AM
35	Discus	DT1	FINAL	12:30 PM
49	4x200m	TR1	FINAL	1:20 PM
59	Shot Put	SP1	FINAL	1:30 PM
106	4x100m	TR1	FINAL	4:44 PM

Under 14 Mixed

29	Swedish Medley	TR1	Timed Finals	10:36 AM

Under 15 Boys

11	Shot Put	SP1	FINAL	9:00 AM
19	High Jump	HJ1	FINAL	10:00 AM
40	Long Jump	LJ1	FINAL	12:30 PM
51	Discus	DT1	FINAL	1:30 PM
68	4x200m	TR1	FINAL	2:13 PM
127	4x100m	TR1	FINAL	5:44 PM

Under 15 Mixed

31	Swedish Medley	TR1	Timed Finals	11:06 AM

Under 16 Boys

12	Shot Put	SP1	FINAL	9:00 AM
20	High Jump	HJ1	FINAL	10:00 AM
41	Long Jump	LJ1	FINAL	12:30 PM
44	Shot Put	SP2	FINAL	12:30 PM
46	4x200m	TR1	HEATS	12:55 PM
55	High Jump	HJ2	FINAL	1:30 PM
81	4x200m	TR1	FINAL	2:38 PM
107	4x100m	TR1	HEATS	4:48 PM
130	4x100m	TR1	FINAL	5:56 PM

Under 14 Girls

8	High Jump	HJ2	FINAL	9:00 AM
23	Long Jump	LJ2	FINAL	10:00 AM
36	Discus	DT2	FINAL	12:30 PM
48	4x200m	TR1	FINAL	1:15 PM
60	Shot Put	SP2	FINAL	1:30 PM
105	4x100m	TR1	FINAL	4:40 PM

Under 15 Girls

4	Discus	DT1	FINAL	9:00 AM
24	Shot Put	SP1	FINAL	10:00 AM
37	High Jump	HJ1	FINAL	12:30 PM
56	Long Jump	LJ1	FINAL	1:30 PM
69	4x200m	TR1	FINAL	2:18 PM
128	4x100m	TR1	FINAL	5:48 PM

Under 16 Girls

5	Discus	DT1	FINAL	9:00 AM
25	Shot Put	SP1	FINAL	10:00 AM
38	High Jump	HJ1	FINAL	12:30 PM
57	Long Jump	LJ1	FINAL	1:30 PM
70	4x200m	TR1	FINAL	2:23 PM
129	4x100m	TR1	FINAL	5:52 PM

Under 17 Girls

6	Discus	DT1	FINAL	9:00 AM
26	Shot Put	SP1	FINAL	10:00 AM
39	High Jump	HJ1	FINAL	12:30 PM
58	Long Jump	LJ1	FINAL	1:30 PM
70	4x200m	TR1	FINAL	2:23 PM
129	4x100m	TR1	FINAL	5:52 PM

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52	Discus	DT1	FINAL	1:30 PM
71	4x200m	TR1	FINAL	2:28 PM
132	4x100m	TR1	FINAL	6:04 PM

Under 16 Mixed

31	Swedish Medley	TR1	Timed Finals	11:06 AM

Under 17 Boys

13	Shot Put	SP1	FINAL	9:00 AM
21	High Jump	HJ1	FINAL	10:00 AM
42	Long Jump	LJ1	FINAL	12:30 PM
53	Discus	DT1	FINAL	1:30 PM
71	4x200m	TR1	FINAL	2:28 PM
132	4x100m	TR1	FINAL	6:04 PM

Under 17 Mixed

31	Swedish Medley	TR1	Timed Finals	11:06 AM
80	4x200m	TR1	FINAL	2:33 PM
133	4x100m	TR1	FINAL	6:08 PM

109 Men

33	4x100m	TR1	Timed Finals	12:10 PM

109 Women

32	4x100m	TR1	Timed Finals	12:00 PM

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