



WINTER TRACK & FIELD CHALLENGE

SUNDAY, 26 JULY 2026

PROGRAM

AGE GROUP	ROTATION 1 3:00pm	ROTATION 2	ROTATION 3	ROTATION 4
U8	100m	Long Jump	400m	Discus
U9	100m	Shot Put	400m	Long Jump
U10	100m	Discus	400m	Long Jump
U11	100m	Long Jump	400m	Shot Put
PARA	Shot Put (2)	100m	Discus (2)	400m
U12	Discus	100m	Long Jump	400m
U13	Shot Put	100m	Long Jump	400m
U14	Long Jump	100m	Discus	400m
U15 – U17	Long Jump	100m	Shot Put	400m