

2026 WINTER TRACK & FIELD CHALLENGE

Athlete Information



Thank you for entering the **2026 Winter Track & Field Challenge**. To ensure you are well informed and get the most out of the afternoon, please read the information below carefully.

EVENT DETAILS

- **Competition:** Winter Track & Field Challenge
- **Date:** Sunday, 26 July 2026 (Gates open at 1:30pm)
- **Venue:** SA Athletics Stadium
- **Program:** First events commence at 3pm. To view the full, finalised program, <https://salaa.org.au/wp-content/uploads/2026/07/WTFC-Program-2026.pdf>
- **Track Map:** <https://salaa.org.au/wp-content/uploads/2026/07/WTFC-Venue-Map.pdf>

MARSHALLING

- The **call room will not be in use** for this competition.
- **U8 to U11** age groups to meet Age Group Official at their meeting point on the 200m bend to mark off their names at 2:50pm. Refer to Track Map.
- **U12 to U17 to meet at the following locations at 2:50pm**
 - U12 Girls - Discus 2
 - U12 Boys - Discus 1
 - U13 Boys & Girls - Shot Put 1
 - U14 Boys & Girls - Long Jump 1
 - U15-U17 Boys & Girls - Long Jump 2
 - Para Boys & Girls - Shot Put 2

Athletes will then rotate around each event with their Age Group Official.

WET WEATHER POLICY

The event will proceed in wet weather.

If a Severe Weather Warning is in effect or thunderstorms are forecast, Little Athletics SA will assess the conditions and may delay, postpone or cancel the event if participant safety is at risk. This decision will be made at 4pm on Friday and emailed to all participants. If there is no email, it is to be assumed that the event will be going ahead as scheduled.

If lightning is seen and/or thunder is heard during the event, competition will be suspended immediately. Competition will not resume until 30 minutes have passed since the last observed lightning flash or the last sound of thunder, whichever occurs last.

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Participants, officials and spectators must follow all directions from event officials during any weather-related suspension.

PARENT ASSISTANCE

The success of this event relies on volunteers and parent assistance.

The following parents have kindly put their hand up to assist our Age Group Official and have been appointed.

- U8 Boys – Di Cicco
- U8 Girls – Trewartha/Girolamo
- U9 Boys – Rebeiro/Chevalier
- U9 Girls – Rensburg-Phillips/Newman
- U10 Boys – Neos/Steyn/Hick
- U10 Girls – **Vacant**
- U11 Boys – Mehaffey
- U11 Girls – Trako/Muller/Oberdan
- U12 Boys – Dower-Adams
- U12 Girls – Dower-Adams/Bodel
- U13 Boys/Girls – Lumsden/Kowald/Hillman
- U14 Boys/Girls – Walton/McCarthy/Naylor
- U15-U17 Boys/Girls – Galanos/Milburn
- Para – all para parents

If you have not been allocated a role above but are able to assist, your help would be greatly appreciated. The greatest need for assistance will be at the field events.

On behalf of Little Athletics SA staff and officials – thank you for your support!

ARRIVAL & PARKING

- Arrive at least **one hour before** your first event. You do not need to check-in.
- Parking is available:
 - In front of the stadium
 - At the Netball SA carpark (across Sir Donald Bradman Drive, with access via the underpass)

Please note:

- Check the **Netball SA calendar** for events that may impact parking.
- Parking inspectors patrol regularly – **finer apply for non-compliance.**
- Parking in the **Bunnings carpark also has restrictions.**

FIELD EVENTS

- Athletes will be allowed 1 practice attempt and 3 trials.

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- Run-ups may be measured for Long Jump.

TRACK EVENTS

- If more than 1 heat is required, then heats will be seeded where athletes have a recorded performance from the summer season. Athletes without a recorded performance will be allocated randomly.

STARTING BLOCKS

- Starting blocks may be used by athletes in the U11 and above age groups. Athletes are expected to be able to set up their own blocks in a timely manner for the start of their race.

UNIFORM REQUIREMENTS

- Little Athletics Members must wear **full centre uniform**:
 - Tops: Current registration number and Coles age patch securely attached.
 - Shorts: Centre-approved colour (with small manufacturer logo max 3cm x 3cm).
 - Undergarments: Must be black or the same colour as the approved uniform.
 - Leggings: Permitted if plain and in the approved colour.
- Headwear: Permitted with manufacturer's logo.
[CLICK HERE](#) to view the full uniform regulations.
- **Non Members** will be required to wear plain black non-branded clothing. No registration numbers or Coles patch required.

FOOTWEAR & SPIKES

1. Footwear is **compulsory** for all athletes.
2. Shoes must be **running style** (enclosed, fastened with laces/Velcro).
3. Plastic cleats or blades are **not permitted**.
4. Spike shoes must be worn with a complete set of spikes installed. No more than two blanks/slugs are allowed.
5. Spike use by age group:

Age Groups	Track Events	Field Events
TT, U6, U7, U8, U9, U10	No spike shoes allowed	No spike shoes allowed
U11, U12	All events run entirely in lanes	All jump events & Javelin
U13, U14, U15, U16, U17	All events except Race Walks	All jump events & Javelin

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Maximum Length Allowed	7mm
Specialist High Jump/Javelin footwear with heel spikes	9mm

			
Approved	Approved	Not Approved	Not Approved

- Only **pyramid or Christmas Tree** spikes are permitted. Variations resembling **inverted cones** are banned.
- Spikes may only be worn **inside the competition arena** and must be removed before entering the grandstand or general areas.

FIRST AID

- **First Aid:** Located on the ground floor at the southern end of the grandstand.
 - Athletes requiring strapping must supply their own tape.

FOOD & REFRESHMENTS

- At present we do not know if the stadium will be opening the canteen.

RESULTS & CERTIFICATES

- **Live results:** live.salaa.org.au
- **Certificates:** Electronic certificates will be supplied directly to athletes following the event via email.

PRESENTATIONS

Presentations will take place within 30 minutes of each age group completing their events, with the Centre Champion Trophy being presented at the conclusion of the meet.

PHOTOGRAPHY

- There is no Photographer at this event.
- Parents may take photos/video from **outside the field of play**, in line with the **SALAA Photography Standard:**
[SALAA Photography Policy](#)

PROTEST AND APPEALS

- Protests will not be accepted at this event.