

FINAL PROGRAM



**SATURDAY 21 AND
SUNDAY 22 FEBRUARY 2026**

SA Athletics Stadium

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coles



Datacord

SATURDAY – 21 February 2026

Under 14 Boys

1	Discus	Heats	DT1/DT3	8:30 AM
14	90m Hurdles	Heats	TR1	9:40 AM
19	Long Jump	Heats	LJ1/LJ6	10:20 AM

Under 15 Boys

7	100m Hurdles	Heats	TR1	8:45 AM
9	Long Jump	Heats	LJ4	9:20 AM
20	Discus	Heats	DT1	10:20 AM

Under 16 Boys

6	100m Hurdles	Heats	TR1	8:40 AM
11	Discus	Heats	DT1	9:25 AM
23	Long Jump	Heats	LJ4	11:00 AM

Under 17 Boys

4	110m Hurdles	Heats	TR1	8:30 AM
12	Discus	Heats	DT1	9:25 AM
24	Long Jump	Heats	LJ4	11:00 AM

Under 14 Girls

2	Long Jump	Heats	LJ1	8:30 AM
16	80m Hurdles	Heats	TR1	9:55 AM
22	Shot Put	Heats	SP1	10:30 AM

Under 15 Girls

8	Javelin	Heats	JVN	8:45 AM
15	90m Hurdles	Heats	TR1	9:48 AM
21	Long Jump	Heats	LJ4	10:20 AM

Under 16 Girls

3	Long Jump	Heats	LJ4	8:30 AM
13	90m Hurdles	Heats	TR1	9:30 AM
17	Javelin	Heats	JVN	10:05 AM

Under 17 Girls

5	Long Jump	Heats	LJ6	8:30 AM
10	100m Hurdles	Heats	TR1	9:20 AM
18	Javelin	Heats	JVN	10:05 AM

SUNDAY – 22 February 2026

Under 9 Boys

54	800m	Heats	TR1	11:30 AM
66	100m	Heats	TR1	1:00 PM
76	Shot Put	Heats	SP1/SP2/SP3	1:45 PM
93	60m Hurdles	Heats	TR2	3:30 PM
97	Long Jump	Heats	LJ3/LJ4/LJ5	4:10 PM

Under 10 Boys

38	Long Jump	Heats	LJ3/LJ4/LJ5	10:00 AM
59	800m	Heats	TR1	12:00 PM
72	100m	Heats	TR1	1:22 PM
81	60m Hurdles	Heats	TR2	2:20 PM
87	Discus	Heats	DT1/DT2/DT3	3:00 PM

Under 11 Boys

26	Long Jump	Heats	LJ1/LJ6	9:00 AM
44	800m	Heats	TR1	10:48 AM
63	Shot Put	Heats	SP1/SP2	12:30 PM
79	80m Hurdles	Heats	TR2	2:02 PM
85	100m	Heats	TR1	2:45 PM

Under 9 Girls

25	Discus	Heats	DT1/DT2	9:00 AM
55	800m	Heats	TR1	11:48 AM
68	100m	Heats	TR1	1:12 PM
80	Long Jump	Heats	LJ3/LJ4	2:15 PM
95	60m Hurdles	Heats	TR2	3:47 PM

Under 10 Girls

39	Shot Put	Heats	SP1/SP2	10:00 AM
50	800m	Heats	TR1	11:18 AM
62	Long Jump	Heats	LJ3/LJ4	12:30 PM
77	100m	Heats	TR1	1:45 PM
82	60m Hurdles	Heats	TR2	2:32 PM

Under 11 Girls

49	800m	Heats	TR1	11:03 AM
61	Discus	Heats	DT1/DT2/DT3	12:25 PM
78	80m Hurdles	Heats	TR2	1:50 PM
84	100m	Heats	TR1	2:35 PM
89	Long Jump	Heats	LJ1/LJ6/LJ2	3:15 PM

Under 12 Boys

42	800m	Heats	TR1	10:24 AM
52	Discus	Heats	DT1/DT2	11:25 AM
67	80m Hurdles	Heats	TR2	1:00 PM
86	100m	Heats	TR1	2:55 PM
99	Long Jump	Heats	LJ1/LJ6	4:20 PM

Under 13 Boys

40	800m	Heats	TR1	10:00 AM
48	Shot Put	Heats	SP1/SP2	11:00 AM
64	80m Hurdles	Heats	TR2	12:35 PM
71	Long Jump	Heats	LJ1/LJ6	1:20 PM
90	100m	Heats	TR1	3:15 PM

Under 14 Boys

31	100m	Heats	TR1	9:10 AM
36	High Jump	Heats	HJ1/HJ2	9:45 AM
60	800m	Heats	TR1	12:20 PM

Under 15 Boys

28	100m	Heats	TR1	9:00 AM
37	Javelin	Heats	JVN	9:50 AM
70	High Jump	Heats	HJ1	1:20 PM
98	800m	Heats	TR1	4:15 PM

Under 16 Boys

30	100m	Heats	TR1	9:05 AM
45	Javelin	Heats	JVN	10:50 AM
73	High Jump	Heats	HJ2	1:25 PM
102	800m	Heats	TR1	4:25 PM

Under 17 Boys

29	100m	Heats	TR1	9:05 AM
46	Javelin	Heats	JVN	10:50 AM
74	High Jump	Heats	HJ2	1:25 PM
101	800m	Heats	TR1	4:25 PM

Under 12 Girls

27	Shot Put	Heats	SP1/SP2/SP3	9:00 AM
43	800m	Heats	TR1	10:36 AM
58	Long Jump	Heats	LJ1/LJ6/LJ2	11:55 AM
69	80m Hurdles	Heats	TR2	1:12 PM
88	100m	Heats	TR1	3:05 PM

Under 13 Girls

41	800m	Heats	TR1	10:12 AM
47	Long Jump	Heats	LJ1/LJ6	10:55 AM
65	80m Hurdles	Heats	TR2	12:45 PM
75	Discus	Heats	DT1/DT2	1:35 PM
91	100m	Heats	TR1	3:25 PM

Under 14 Girls

35	200m	Heats	TR1	9:40 AM
51	High Jump	Heats	HJ2	11:20 AM
96	800m	Heats	TR1	4:10 PM

Under 15 Girls

32	200m	Heats	TR1	9:30 AM
53	High Jump	Heats	HJ1	11:25 AM
83	Shot Put	Heats	SP1	2:35 PM
100	800m	Heats	TR1	4:20 PM

Under 16 Girls

33	200m	Heats	TR1	9:35 AM
56	Shot Put	Heats	SP1	11:50 AM
94	High Jump	Heats	HJ1	3:40 PM
103	800m	Heats	TR1	5:00 PM

Under 17 Girls

34	200m	Heats	TR1	9:37 AM
57	Shot Put	Heats	SP2	11:50 AM
92	High Jump	Heats	HJ2	3:25 PM
104	800m	Heats	TR1	5:00 PM