



SUNDAY, 2 FEBRUARY 2025

DRAFT

PROGRAM



Under 8 Boys

45 4x70m TR1 Timed Finals 12:40 PM

Under 8 Girls

34 4x70m TR1 Timed Finals 12:25 PM

Under 9 Boys

28 4x200m TR1 HEATS 10:18 AM
 67 4x200m TR1 FINAL 2:07 PM
 76 Long Jump LJ1 FINAL 2:30 PM
 93 Shot Put SP1 FINAL 3:30 PM
 98 4x100m TR1 HEATS 4:25 PM
 99 Discus DT1 FINAL 4:30 PM
 119 High Jump HJ3 FINAL 5:30 PM
 126 4x100m TR1 FINAL 5:39 PM

Under 9 Girls

27 4x200m TR1 HEATS 10:06 AM
 66 4x200m TR1 FINAL 2:01 PM
 77 Long Jump LJ2 FINAL 2:30 PM
 94 Shot Put SP2 FINAL 3:30 PM
 97 4x100m TR1 HEATS 4:10 PM
 100 Discus DT2 FINAL 4:30 PM
 120 High Jump HJ4 FINAL 5:30 PM
 125 4x100m TR1 FINAL 5:34 PM

Under 9-11 Mixed

30 Swedish Medley TR1 Timed Finals 10:48 AM

Under 10 Girls

15 4x200m TR1 HEATS 9:30 AM
 64 4x200m TR1 FINAL 1:49 PM
 75 High Jump HJ4 FINAL 2:30 PM
 88 Discus DT2 FINAL 3:30 PM
 95 4x100m TR1 HEATS 3:40 PM
 102 Long Jump LJ2 FINAL 4:30 PM
 115 4x100m TR1 FINAL 5:24 PM
 124 Shot Put SP2 FINAL 5:30 PM

Under 10 Boys

16 4x200m TR1 HEATS 9:48 AM
 65 4x200m TR1 FINAL 1:55 PM
 74 High Jump HJ3 FINAL 2:30 PM
 87 Discus DT1 FINAL 3:30 PM
 96 4x100m TR1 HEATS 3:55 PM
 101 Long Jump LJ1 FINAL 4:30 PM
 116 4x100m TR1 FINAL 5:29 PM
 123 Shot Put SP1 FINAL 5:30 PM

Under 11 Girls

3 4x200m TR1 HEATS 8:54 AM
 62 4x200m TR1 FINAL 1:37 PM
 79 Shot Put SP2 FINAL 2:30 PM
 85 4x100m TR1 HEATS 3:10 PM
 92 Long Jump LJ2 FINAL 3:30 PM
 110 High Jump HJ2 FINAL 5:00 PM
 113 4x100m TR1 FINAL 5:14 PM
 118 Discus DT2 FINAL 5:30 PM

Under 11 Boys

14 4x200m TR1 HEATS 9:12 AM
 63 4x200m TR1 FINAL 1:43 PM
 78 Shot Put SP1 FINAL 2:30 PM
 86 4x100m TR1 HEATS 3:25 PM
 91 Long Jump LJ1 FINAL 3:30 PM
 109 High Jump HJ1 FINAL 5:00 PM
 114 4x100m TR1 FINAL 5:19 PM
 117 Discus DT1 FINAL 5:30 PM

Under 12 Girls

1 4x200m TR1 HEATS 8:30 AM
 50 4x200m TR1 FINAL 1:25 PM
 73 Discus DT2 FINAL 2:30 PM
 83 4x100m TR1 HEATS 2:50 PM
 90 High Jump HJ2 FINAL 3:30 PM
 104 Shot Put SP2 FINAL 4:30 PM
 111 4x100m TR1 FINAL 5:04 PM
 122 Long Jump LJ2 FINAL 5:30 PM

Under 12 Boys

2 4x200m TR1 HEATS 8:42 AM
 61 4x200m TR1 FINAL 1:31 PM
 72 Discus DT1 FINAL 2:30 PM
 84 4x100m TR1 HEATS 3:00 PM
 89 High Jump HJ1 FINAL 3:30 PM
 103 Shot Put SP1 FINAL 4:30 PM
 112 4x100m TR1 FINAL 5:09 PM
 121 Long Jump LJ1 FINAL 5:30 PM

Under 13 Girls

10 Long Jump LJ2 FINAL 9:00 AM
 18 Discus DT2 FINAL 10:00 AM
 44 Shot Put SP2 FINAL 12:30 PM

Under 12-14 Mixed

29	Swedish Medley	TR1	Timed Finals	10:36 AM	46	4x200m	TR1	HEATS	12:55 PM
					55	High Jump	HJ2	FINAL	1:30 PM
					81	4x200m	TR1	FINAL	2:38 PM
					107	4x100m	TR1	HEATS	4:48 PM
					130	4x100m	TR1	FINAL	5:56 PM
Under 13 Boys									
9	Long Jump	LJ1	FINAL	9:00 AM					
17	Discus	DT1	FINAL	10:00 AM					
43	Shot Put	SP1	FINAL	12:30 PM					
47	4x200m	TR1	HEATS	1:05 PM					
54	High Jump	HJ1	FINAL	1:30 PM					
82	4x200m	TR1	FINAL	2:43 PM					
108	4x100m	TR1	HEATS	4:56 PM					
131	4x100m	TR1	FINAL	6:00 PM					
Under 14 Boys									
7	High Jump	HJ1	FINAL	9:00 AM					
22	Long Jump	LJ1	FINAL	10:00 AM					
35	Discus	DT1	FINAL	12:30 PM					
49	4x200m	TR1	FINAL	1:20 PM					
59	Shot Put	SP1	FINAL	1:30 PM					
106	4x100m	TR1	FINAL	4:44 PM					
Under 15 Boys									
11	Shot Put	SP1	FINAL	9:00 AM					
19	High Jump	HJ1	FINAL	10:00 AM					
40	Long Jump	LJ1	FINAL	12:30 PM					
51	Discus	DT1	FINAL	1:30 PM					
68	4x200m	TR1	FINAL	2:13 PM					
127	4x100m	TR1	FINAL	5:44 PM					
Under 15-17 Mixed									
31	Swedish Medley	TR1	Timed Finals	11:06 AM					
Under 16 Boys									
12	Shot Put	SP1	FINAL	9:00 AM					
20	High Jump	HJ1	FINAL	10:00 AM					
41	Long Jump	LJ1	FINAL	12:30 PM					
52	Discus	DT1	FINAL	1:30 PM					
71	4x200m	TR1	FINAL	2:28 PM					
132	4x100m	TR1	FINAL	6:04 PM					
Under 17 Boys									
13	Shot Put	SP1	FINAL	9:00 AM					
21	High Jump	HJ1	FINAL	10:00 AM					
42	Long Jump	LJ1	FINAL	12:30 PM					
53	Discus	DT1	FINAL	1:30 PM					
71	4x200m	TR1	FINAL	2:28 PM					
132	4x100m	TR1	FINAL	6:04 PM					
Under 17 Mixed									
					46	4x200m	TR1	HEATS	12:55 PM
					55	High Jump	HJ2	FINAL	1:30 PM
					81	4x200m	TR1	FINAL	2:38 PM
					107	4x100m	TR1	HEATS	4:48 PM
					130	4x100m	TR1	FINAL	5:56 PM
Under 14 Girls									
					8	High Jump	HJ2	FINAL	9:00 AM
					23	Long Jump	LJ2	FINAL	10:00 AM
					36	Discus	DT2	FINAL	12:30 PM
					48	4x200m	TR1	FINAL	1:15 PM
					60	Shot Put	SP2	FINAL	1:30 PM
					105	4x100m	TR1	FINAL	4:40 PM
Under 15 Girls									
					4	Discus	DT1	FINAL	9:00 AM
					24	Shot Put	SP1	FINAL	10:00 AM
					37	High Jump	HJ1	FINAL	12:30 PM
					56	Long Jump	LJ1	FINAL	1:30 PM
					69	4x200m	TR1	FINAL	2:18 PM
					128	4x100m	TR1	FINAL	5:48 PM
Under 16 Girls									
					5	Discus	DT1	FINAL	9:00 AM
					25	Shot Put	SP1	FINAL	10:00 AM
					38	High Jump	HJ1	FINAL	12:30 PM
					57	Long Jump	LJ1	FINAL	1:30 PM
					70	4x200m	TR1	FINAL	2:23 PM
					129	4x100m	TR1	FINAL	5:52 PM
Under 17 Girls									
					6	Discus	DT1	FINAL	9:00 AM
					26	Shot Put	SP1	FINAL	10:00 AM
					39	High Jump	HJ1	FINAL	12:30 PM
					58	Long Jump	LJ1	FINAL	1:30 PM
					70	4x200m	TR1	FINAL	2:23 PM
					129	4x100m	TR1	FINAL	5:52 PM
Mums									
					32	4x100m	TR1	Timed Finals	12:00 PM

80	4x200m	TR1	FINAL	2:33 PM
133	4x100m	TR1	FINAL	6:08 PM

Dads

33	4x100m	TR1	Timed Finals	12:10 PM
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