

# SOUTH AUSTRALIAN LITTLE ATHLETICS ASSOCIATION

## DRAFT PROGRAM

### Under 8 Boys

45 4x70m TR1 Timed Finals 12:35 PM

### Under 9 Boys

28 4x200m TR1 HEATS 10:12 AM  
 67 4x200m TR1 FINAL 1:57 PM  
 78 Long Jump LJ1 FINAL 2:30 PM  
 92 Shot Put SP1 FINAL 3:30 PM  
 97 4x100m TR1 HEATS 4:20 PM  
 98 Discus DT1 FINAL 4:30 PM  
 117 4x100m TR1 FINAL 5:30 PM  
 120 High Jump HJ3 FINAL 5:30 PM

### Under 10 Boys

16 4x200m TR1 HEATS 9:42 AM  
 65 4x200m TR1 FINAL 1:45 PM  
 76 High Jump HJ3 FINAL 2:30 PM  
 86 Discus DT1 FINAL 3:30 PM  
 95 4x100m TR1 HEATS 3:50 PM  
 102 Long Jump LJ1 FINAL 4:30 PM  
 115 4x100m TR1 FINAL 5:20 PM  
 124 Shot Put SP1 FINAL 5:30 PM

### Under 11 Boys

14 4x200m TR1 HEATS 9:12 AM  
 63 4x200m TR1 FINAL 1:33 PM  
 80 Shot Put SP1 FINAL 2:30 PM  
 85 4x100m TR1 HEATS 3:25 PM  
 90 Long Jump LJ1 FINAL 3:30 PM  
 100 High Jump HJ1 FINAL 4:30 PM  
 113 4x100m TR1 FINAL 5:10 PM  
 118 Discus DT1 FINAL 5:30 PM

### Under 9-11 Mixed

30 Swedish Medley TR1 Timed Finals 10:48 AM

### Under 12 Boys

2 4x200m TR1 HEATS 8:48 AM  
 51 4x200m TR1 FINAL 1:21 PM  
 74 Discus DT1 FINAL 2:30 PM  
 83 4x100m TR1 HEATS 3:00 PM  
 88 High Jump HJ1 FINAL 3:30 PM

### Under 8 Girls

34 4x70m TR1 Timed Finals 12:20 PM

### Under 9 Girls

27 4x200m TR1 HEATS 10:00 AM  
 66 4x200m TR1 FINAL 1:51 PM  
 79 Long Jump LJ2 FINAL 2:30 PM  
 93 Shot Put SP2 FINAL 3:30 PM  
 96 4x100m TR1 HEATS 4:10 PM  
 99 Discus DT2 FINAL 4:30 PM  
 116 4x100m TR1 FINAL 5:25 PM  
 121 High Jump HJ4 FINAL 5:30 PM

### Under 10 Girls

15 4x200m TR1 HEATS 9:30 AM  
 64 4x200m TR1 FINAL 1:39 PM  
 77 High Jump HJ4 FINAL 2:30 PM  
 87 Discus DT2 FINAL 3:30 PM  
 94 4x100m TR1 HEATS 3:35 PM  
 103 Long Jump LJ2 FINAL 4:30 PM  
 114 4x100m TR1 FINAL 5:15 PM  
 125 Shot Put SP2 FINAL 5:30 PM

### Under 11 Girls

13 4x200m TR1 HEATS 9:00 AM  
 52 4x200m TR1 FINAL 1:27 PM  
 81 Shot Put SP2 FINAL 2:30 PM  
 84 4x100m TR1 HEATS 3:15 PM  
 91 Long Jump LJ2 FINAL 3:30 PM  
 101 High Jump HJ2 FINAL 4:30 PM  
 112 4x100m TR1 FINAL 5:05 PM  
 119 Discus DT2 FINAL 5:30 PM

### Under 12 Girls

1 4x200m TR1 HEATS 8:30 AM  
 50 4x200m TR1 FINAL 1:15 PM  
 75 Discus DT2 FINAL 2:30 PM  
 82 4x100m TR1 HEATS 2:45 PM  
 89 High Jump HJ2 FINAL 3:30 PM

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104	Shot Put	SP1	FINAL	4:30 PM	105	Shot Put	SP2	FINAL	4:30 PM
111	4x100m	TR1	FINAL	5:00 PM	110	4x100m	TR1	FINAL	4:55 PM
122	Long Jump	LJ1	FINAL	5:30 PM	123	Long Jump	LJ2	FINAL	5:30 PM

## Under 13 Boys

8	Long Jump	LJ1	FINAL	9:00 AM
17	Discus	DT1	FINAL	10:00 AM
43	Shot Put	SP1	FINAL	12:30 PM
47	4x200m	TR1	FINAL	1:00 PM
56	High Jump	HJ1	FINAL	1:30 PM
109	4x100m	TR1	FINAL	4:51 PM

## Under 13 Girls

9	Long Jump	LJ2	FINAL	9:00 AM
18	Discus	DT2	FINAL	10:00 AM
44	Shot Put	SP2	FINAL	12:30 PM
46	4x200m	TR1	HEATS	12:50 PM
57	High Jump	HJ2	FINAL	1:30 PM
73	4x200m	TR1	FINAL	2:28 PM
108	4x100m	TR1	HEATS	4:43 PM
129	4x100m	TR1	FINAL	5:47 PM

## Under 14 Boys

6	High Jump	HJ1	FINAL	9:00 AM
22	Long Jump	LJ1	FINAL	10:00 AM
35	Discus	DT1	FINAL	12:30 PM
49	4x200m	TR1	FINAL	1:10 PM
61	Shot Put	SP1	FINAL	1:30 PM
107	4x100m	TR1	FINAL	4:39 PM

## Under 14 Girls

7	High Jump	HJ2	FINAL	9:00 AM
23	Long Jump	LJ2	FINAL	10:00 AM
36	Discus	DT2	FINAL	12:30 PM
48	4x200m	TR1	FINAL	1:05 PM
62	Shot Put	SP2	FINAL	1:30 PM
106	4x100m	TR1	FINAL	4:35 PM

## Under 12-14 Mixed

29	Swedish Medley	TR1	Timed Finals	10:30 AM
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## Under 15 Boys

10	Shot Put	SP1	FINAL	9:00 AM
19	High Jump	HJ1	FINAL	10:00 AM
40	Long Jump	LJ1	FINAL	12:30 PM
53	Discus	DT1	FINAL	1:30 PM
68	4x200m	TR1	FINAL	2:03 PM
126	4x100m	TR1	FINAL	5:35 PM

## Under 15 Girls

3	Discus	DT1	FINAL	9:00 AM
24	Shot Put	SP1	FINAL	10:00 AM
37	High Jump	HJ1	FINAL	12:30 PM
58	Long Jump	LJ1	FINAL	1:30 PM
69	4x200m	TR1	FINAL	2:08 PM
127	4x100m	TR1	FINAL	5:39 PM

## Under 16 Boys

11	Shot Put	SP1	FINAL	9:00 AM
20	High Jump	HJ1	FINAL	10:00 AM
41	Long Jump	LJ1	FINAL	12:30 PM
54	Discus	DT1	FINAL	1:30 PM
71	4x200m	TR1	FINAL	2:18 PM
130	4x100m	TR1	FINAL	5:51 PM

## Under 16 Girls

4	Discus	DT2	FINAL	9:00 AM
25	Shot Put	SP2	FINAL	10:00 AM
38	High Jump	HJ2	FINAL	12:30 PM
59	Long Jump	LJ2	FINAL	1:30 PM
70	4x200m	TR1	FINAL	2:13 PM
128	4x100m	TR1	FINAL	5:43 PM

## Under 17 Boys

12	Shot Put	SP2	FINAL	9:00 AM
21	High Jump	HJ2	FINAL	10:00 AM
42	Long Jump	LJ2	FINAL	12:30 PM
55	Discus	DT2	FINAL	1:30 PM

## Under 17 Girls

5	Discus	DT2	FINAL	9:00 AM
26	Shot Put	SP2	FINAL	10:00 AM
39	High Jump	HJ2	FINAL	12:30 PM
60	Long Jump	LJ2	FINAL	1:30 PM

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71	4x200m	TR1	FINAL	2:18 PM	70	4x200m	TR1	FINAL	2:13 PM
130	4x100m	TR1	FINAL	5:51 PM	128	4x100m	TR1	FINAL	5:43 PM

## Under 15-17 Mixed

31	Swedish Medley	TR1	FINAL	11:00 AM
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## Under 17 Mixed

72	4x200m	TR1	FINAL	2:23 PM
131	4x100m	TR1	FINAL	5:55 PM

## Dads

33	4x100m	TR1	Timed Finals	12:10 PM
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## Mums

32	4x100m	TR1	Timed Finals	12:00 PM
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