

**Rule LR12 must be read in conjunction with the Little Athletics SA Competitions and Regulations and Rule LR5 (Eligibility)**

## LR12 Road Race Walking Season and Championships

### Specified Dates

1. Athletes must be registered by 30/6/2024 to be eligible for the Road Race Walking Championships.
2. Athletes must have submitted their entry by 10/7/2024 for the Road Race Walking Championships.

### Race Walking Meets

3. The Race Walking season runs from May to July each year.
4. LASA will publish a program of Road Walks meets to be conducted by the SA Race Walkers Club.

### Eligibility

#### General

5. Only registered Little Athletes are able to participate in age group events.
6. Athletes may only compete in their own age group.
7. Unregistered athletes may participate in one Race Walking meets as a 'Come and Try'.
8. A 'Come and Try' will not count towards an athlete's qualification for the Race Walking Championships.

### State Race Walking Championships

9. To be eligible for the Race Walking Championships, athletes must have competed in at least one preliminary Race Walking meet.
10. Athletes who are unable to meet the above qualification requirements due to illness or injury, or compassionate grounds, may appeal in writing to the Organising Committee via the Competition and Events Coordinator to have certain eligibility requirements waived to enable them to compete.

### Entry Fees

11. For LASA programmed meets, the entry fee is \$2 per event.
12. A different fee may be set for the Race Walking Championships.

### Marshalling

13. Athletes are to report to the designated marshalling area 10 minutes before the scheduled starting time of their event.

### Protests and Appeals

14. Protests may be lodged at the State Road Race Walk Championships in accordance with Rule TR8 for Under 9 to Under 17 events. Protests will not be considered for Under 6 to Under 8 fun walks.

## Recording and Awards

### State Road Race Walking Championships

15. Medals will be awarded to the first three placegetters in each event for the Under 9 to Under 17 age groups.
16. All participating athletes will receive a certificate.