

**Rule LR10 must be read in conjunction with the Little Athletics SA Competitions and Regulations and Rule LR5 (Eligibility)**

## LR10 State Individual Championships

### Specified Dates

1. Athletes must be registered with the Association by 31/12/2023.
2. Athletes must have submitted their entry by 21/2/2024.
3. Qualification Period: 1/9/2023 to 18/2/2024.

### Eligibility

4. All athletes intending to enter the State Individual Championships must have met the eligibility requirements as per Rule LR5.
5. Athletes must have recorded at least two valid performances in the nominated events within the Qualification Period. For the 800m, 1500m and Walk events a minimum entry standard will also apply.
6. For the Under 9 to Under 13 age groups, each event has a limit for the number of athletes that will be entered into the event per age group and gender, as follows:

Events	Limit
Track events (except walks)	16
700m Walk, 1100m Walk, 1500m Walk*	8
Field Events	12

\*Walk limit is based on these being conducted as mixed events, i.e. 8 boys and 8 girls.

7. Athletes may automatically qualify for the State Individual Championships by the following means:
  - 7.1. Achieving the automatic qualifying standard for the event on at least one occasion during the qualification period.
  - 7.2. For athletes registered with country centres, the top three ranked athletes in each age group event as at 31st January 2024 will be invited to enter the State Individual Championships.  
Note: Athletes must nominate for the event for the State Individual Championships to confirm their place in the event.
8. At the close of entries, the remaining places will be filled by comparing the best performances of all athletes that have entered the event, with the best performances gaining a place in the event.
  - 8.1. Where there is a tie for the last remaining place(s) in an event, the next best performance of the tying athletes will be considered, with the better performance gaining the place.
  - 8.2. Should a tie still remain, all tying athletes shall be entered in the event for the SIC.
9. Athletes that do not gain a place will be entered into the State Challenge.
10. There is no limit for Under 14 to Under 17 events.

### Competition Entry

11. The entry for this competition is combined with the entry for the State Challenge.

12. Athletes must enter for this competition through the Association online entry system by the specified entry close date.
13. Late entries may be accepted up to two days after the close of entries upon payment of the prescribed late entry fee.

#### Events Provided

14. All standard events (except Relays and Cross Country) will be provided for each of the Under 9 to Under 17 age groups.
15. For Multi-Class (para) athletes, all standard events (except Relays and Cross Country) will be provided for each of the Under 9 to Under 17 age groups where that event (or similar) is an available event for the athlete's classification as per the Standard Rules for Competition of Little Athletics Australia.
16. The number of events that an athlete can compete in is limited to five. Note that the five-event limit applies across the State Challenge and the State Individual Championships.

#### Marshalling

17. Athletes are required to report to the Call Room 15 minutes for Track Events and 30 minutes for Field Events prior to the scheduled start time of each event.
18. Where an athlete fails to report to the call room by the specified time may be issued a Yellow Card, or be disqualified from the event.
19. Parents assisting as officials are required to report to the event site 15 minutes prior to the scheduled start of their time slot.

#### Special Competition Rules

20. Changes to the program, rules or other conditions will be announced over the public address system. The onus is on competitors to be aware of any changes.
21. A competitor is not permitted to join a field event after it has started unless the official in charge of that event has been notified beforehand that the athlete will be delayed by a clash in their events.
22. Where more than one heat is programmed for a particular event and only sufficient athletes report to fill one heat, then at the discretion of the Competition Director, that heat may be run as a final at the scheduled heat time.

#### Multi-Class Athletes

23. Where possible, Multi-Class (Para) Athletes will compete at the same time as the able-bodied athletes in that event.
24. Multi-Class (Para) Athletes may be required to compete separately in the interests of safety for all competitors.
25. A parent/guardian/coach may accompany the athlete in the arena to liaise with the officials on behalf of the athlete.
26. Athletes requiring a guide runner for track events must advise the Organising Committee at the time of nomination to ensure a lane is made available for the guide.
27. Seated throwers will need to supply their own throwing frame, and tie downs. The athlete's support personnel will be responsible for setting up the frame.

### High Jump Bar

28. Unless otherwise advised by the Competition Director, the following starting heights will apply for this competition:

	U9	U10	U11	U12	U13	U14	U15	U16	U17
Boys	0.96	1.01	1.21	1.22	1.23	1.30	1.30	1.30	1.30
Girls	0.91	1.03	1.11	1.18	1.21	1.20	1.20	1.20	1.20

29. If all athletes agree, the chief judge may nominate an alternative starting height. The alternative starting height must be greater than the originally specified starting height.

### Long Jump Board

30. The Under 11 and Under 12 age groups will use the fixed 2m take-off board for this competition.

### Progression from Heats to Finals

#### 31. Field Events

- 31.1. In all field events (excepting High Jump), if there are 8 or less competitors at the start of the event then all those competitors will be given 4 trials (i.e. throws or jumps).
- 31.2. If there are more than eight competitors, then all will start with 3 trials.
- 31.3. After the initial three trials, the leading 8 competitors (and any equals) are determined and then these competitors will be given 1 additional trial.
- 31.4. Performances for an athlete are determined over all of the trials they contested.

#### 32. Track Events

- 32.1. The following athletes shall progress to the final in their event:
  - 32.1.1. 2 heats: 1st, 2nd and 3rd in each heat plus the next 2 fastest times.
  - 32.1.2. 3 heats: 1st and 2nd in each heat plus the next two fastest times.
  - 32.1.3. 4 or more heats: 1st in each heat with the remaining lanes filled by the next fastest times.
- 32.2. Lane allocations for finals will be performed as follows.
- 32.3. Following the running of the heats, athletes shall be ranked on the following basis:
  - 32.3.1. Fastest heat winner, second fastest heat winner, etc.
  - 32.3.2. Fastest 2nd place in heat, second fastest 2nd place in heat, etc.
  - 32.3.3. Concluding with: Fastest next qualifier, second fastest next qualifier
- 32.4. Using the rank determined above, three random draws will take a place.
  - 32.4.1. one for the highest four ranked athletes to determine placings in lanes 3, 4, 5 and 6;
  - 32.4.2. another for the fifth and sixth ranked athletes to determine placings in lanes 7 and 8;
  - 32.4.3. another for the two lowest ranked athletes to determine placings in lanes 1 and 2.

- 32.5. Where tied times occur for a position in the final, and if there are sufficient lanes available all tying athletes shall qualify for the final. If there are insufficient lanes, then the following will be applied:
- 32.6. In the first instance this will be resolved by reading the photo finish times to the 1/1000<sup>th</sup> of a second.
- 32.7. If a tie still occurs for a position in the final, the positions in the final will be randomly drawn.
- 32.8. A list of athletes to compete in a final will be posted on the windows of the grandstand approximately 45 minutes after the completion of the heats.
- 32.9. Where only sufficient entries are received to fill a single heat, that event will be conducted as a straight final.
33. For 800m events, if there are more athletes entered than can be accommodated in a single final, the event will be conducted as Timed Finals. The athletes will be divided into two (or more) heats based on best performances, with the athletes with the better performances running in the last heat.
34. Note that under Rule TR4.6, an athlete who has qualified for a final but fails to participate in that final is liable to disqualification for the remainder of the competition.

#### Protests and Appeals

35. Protests may be lodged at this meeting in accordance with Rule TR8.

#### Recording and Awards & Scoring System

36. Recording and Awards
- 36.1. Medals will be presented to the first three placegetters in the finals of events.
- 36.2. Presentations will be delayed in order for medal winners who are competing in other events to complete those events without interruption.
- 36.3. Medal winners who must leave the venue prior to their medal presentation are requested to notify the Presentation Area so that the other medal winners in their event are not unfairly delayed in their medal presentation.
- 36.4. Please note that placings for medals in track events are based solely on the judged order of finishing and not simply on the basis of recorded times for the event.
- 36.5. A Boy and Girl "Athlete of the Meet" will be chosen based on performances over all of their events at this Championship.
- 36.6. For Multi-Class (Para) Athletes, places for each event will be determined using the multi-disability method, using the Athletics Australia Baseline Scoring tables. Medals will be presented to the first three place getters in each event as determined by this method.
- 36.7. Athletes entered as a Multi-Class Athlete will only be eligible for medals in the Multi-Class event, and not the able-bodied event.
37. Scoring System:
- 37.1. The scoring system for the selection of the athletes of the meet is as follows:

- 37.2. Points are awarded to athletes who reach the finals on the following basis:

Placing	Score	Placing	Score
1 <sup>st</sup>	10	5 <sup>th</sup>	4
2 <sup>nd</sup>	8	6 <sup>th</sup>	3
3 <sup>rd</sup>	6	7 <sup>th</sup>	2
4 <sup>th</sup>	5	8 <sup>th</sup>	1

- 37.3. No points are awarded if less than three athletes compete in the event.
- 37.4. Bonus points are awarded when an athlete achieves or exceeds an existing State Best Performance.
- 37.4.1. Equal SBP 3 Points.
- 37.4.2. New SBP 5 Points.
- 37.5. Bonus points are awarded where an athlete achieves or exceeds an existing Australian Best Performance:
- 37.5.1. Equal ABP 8 Points.
- 37.5.2. New ABP 10 Points.
- 37.6. If an Australian Best Performance that is also a State Best Performance were achieved, only the points for the Australian Best Performance would be awarded.
- 37.7. In the event of a tie for the Athlete of the Meet, in the first instance the athlete with the most State Best Performances will be named Athlete of the Meet. If this does not separate the athletes, then all tying athletes will be named Joint Athletes of the Meet.
38. State Best Performances may be claimed at this meeting.