

2024 Coles Little Athletics National Camp Structure & Selection Process

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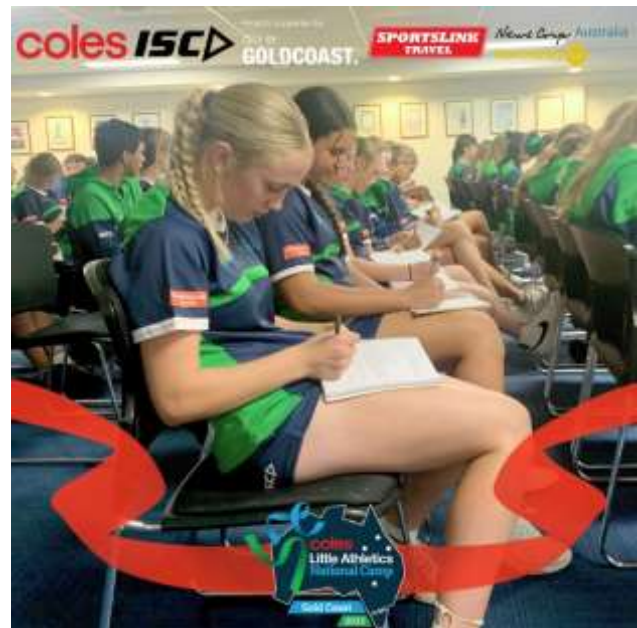
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Release Date: November 2023



2024 Coles Little Athletics National Camp



Camp Dates:

Sunday 29th September – Wednesday 2nd October 2024.

Venue:

Gold Coast Performance Centre, Runaway Bay, Gold Coast

Travel:

Athletes are flying into either Brisbane or Gold Coast airport. Buses will take the athletes from the airports to the venue. QLD athletes will meet either at QSAC and travel by bus or meet directly at the venue.

Cost:

\$1050 per athlete. \$150 payable on registration, \$900 paid in 2 instalments of \$450 each, split over an 8-week period. This includes all travel, uniforms, accommodation, meals and snacks, coaching, workshops, presentations, access to physio.

Cost is per athlete regardless of location, with Coles as National Naming Rights Partner and National Camp Sponsor, funding all the transport component of the cost, to ensure all athletes have the same opportunity.

Athlete Managers are funded by LAA.

Structure:

This is a high-performance camp with some of Australia's leading coaches and presenters, who will share their extensive knowledge and experience, in all aspects of athlete development and preparation. The coaches and presenters are organised by Olympic Gold Medalist – Glynis Nunn – OAM OLY, who has been involved in the organisation of this camp since it started in 2012.

The knowledge, experience, and contacts that Glynis Nunn has in athletics is unparalleled and provides athletes with the best possible exposure to a high-performance environment.

The theme of the camp is to offer each athlete an opportunity to improve themselves, whether that is on the track, in recovery sessions, in workshops, presentations, or having a better understanding of the journey and process that is required with their own development, in the high-performance pathway. Athletes are required to attend with a mindset to be challenged, with a willingness to learn and grow.

LAA continually reviews the Code of Conduct and Roles & Responsibilities, for all Athlete Managers and Athletes, to ensure consistency of experience, and enjoyment for all participants.

There is minimal downtime, including travel arrangements and maximum engagement, over the 4 days.

Athletes will participate in training sessions, workshops, recovery sessions, presentations, and social activities onsite.

Training will consist of 4 sessions across 2 days of approximately 5 hours in total. Workshops will be in the afternoon and presentations at night.

Athletes can only choose to participate in **one event** that they qualified in, for the training sessions, except the Combined Events athletes, who will have multiple events.



Athlete Managers from each Member Association – MA, will be invited to attend. They are not involved in any coaching capacity; they have supervisory roles and assist in the operational aspects of the camp. They are vital to the success of the camp.

The number required from each MA will be determined, once the registrations are finalised. Both Male and Female Athlete Managers will be required, depending upon the athletes attending.

Age Group:

Open to athletes born in 2010 only.

Number of Athletes:

Track & Field: Up to 3 boys & 3 girls per event – 14 events in total.

Multi-Class: Up to 10 athletes in total.

Combined Events: Up to 2 boys & 2 girls per Member Association.

Eligibility:

Athletes must be a current financial member of Little Athletics prior to registration for camp.

Prior to attending camp, athletes must be a registered financial member in Little Athletics for the new Season 2024-2025. Non-financial members are not eligible to attend camp.

Athletes must qualify through the sanctioned events as determined by LAA to be eligible.

If a Member Association – MA, conducts joint Championships, the athlete must be a financial competitive member of Little Athletics, prior to the event, to be eligible.

Multi-Class athletes must have a Provisional or Full Classification.

Selection Criteria:

Track & Field:

Athletes are selected primarily from their results achieved in the U14 age group at the 2024 Coles Australian Little Athletics Championships – ALAC, April 27-28th at SA Stadium, Adelaide.

The Top 3 ranked athletes in both the boys and girls in each event will be invited to register.

Athletes that are eligible for multiple events based on their results will be required to select one event only. If an invite is declined, the next eligible athlete will be invited.

There will be 2 rounds of offers based on the 2024 ALAC results.

Once all rounds are complete, and if spots are still available, results from the MA 2024 State Track & Field Championships will be used to invite athletes.

**Combined Events:**

Athletes are eligible if they competed at the 2023-2024 State Combined Events Championships, in Little Athletics, in the U14 age group.

The top ranked eligible athletes – 2 boys and 2 girls, that finished in the top 5 overall, will be invited to register.

Multi-Class:

Multi-Class athletes are eligible if they competed in the 2023-2024 State Track & Field Championships, in Little Athletics, or the 2024 Coles Australian Little Athletics Championships - ALAC, in the U14 age group.

LAA will liaise with the MA to confirm eligibility of the athlete and finalise the invitation.

Registration Process:

Athletes will register via an online portal, with the email invitation sent from LAA.

The names and contact details of all athletes will be confirmed with the MA, prior to invites being sent, to ensure the most up to date contact information is used.

All correspondence regarding registration and eligibility will be via LAA directly.

- **Round 1** will open on Monday 3rd June & close on Thursday 13th June.
- **Round 2** will open on Friday 14th June & close on Sunday 23rd June.
- **Final Round**, if required, will open on Tuesday 25th June & close on Sunday 7th July.

Results:

Member Associations are required to send to LAA the results of the 2023-2024 Combined Events Championships, and 2023-2024 State Track & Field Championships for the U14 athletes, to assist with the invitations.