



What is Squad Athletics?

Squad Athletics is a Little Athletics SA program designed to keep older athletes engaged in athletics and continue to strive for their best at their centre. This program is for athletes **13 years and older** who are registered at a Little Athletics SA centre. **Athletes are automatically registered into this competition as part of their membership.**

All Little Athletics SA affiliated centre's will be **allocated into one of four squads** for the upcoming season, these allocations will be determined by Little Athletics SA to ensure that the number of athletes in each squad will be as even as possible.

The Squads

South Australian Little Athletes have always been defined by their Centre's and while that is still a critical aspect of Little Athletics, Squad Athletics will allow for older athletes to compete, engage and develop with athletes all over South Australia!

Points

The points system for the competition system can be found below:

- Each week that an Under 13 or older athlete attends their meet they will gain a point.
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- For every Personal Best (PB) that an Under 13 or older athlete gains in their centre's meet they will gain a point.
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- This program will run in collaboration with the 2023/24 summer season that centers run and the points and administration aspect of it will be handled by Little Athletics SA.

Leaderboard

Squad Athletes points for each week will be tallied and presented on a leaderboard which will be made public each week and allow for interaction between athletes and centres about how their Squad is going.

Registration Process

Athletes that qualify for Squad Athletics are automatically registered into this competition.

How Squad Athletics will operate

Launch Week: WEEK OF OCTOBER 20TH, 2023

Centres are encouraged to coordinate with each other and push for squad athletes to compete against each other.

Eligible Events for Squad Athletes to gain points

Track: 100M, 200M, 400M, 800M, 1500M, Sprint Hurdles, Walks

Field: High Jump, Long Jump, Triple Jump, Javelin, Discus, Shot Put
