



# DRAFT PROGRAM



# SOUTH AUSTRALIAN LITTLE ATHLETICS ASSOCIATION

## Under 8 Mixed

28 4x70m TR1 Timed Finals 12:16 pm

## Under 9 Boys

22 4x200m TR1 HEATS 11:00 am  
 64 Long Jump LJ1 FINAL 2:30 pm  
 54 4x200m TR1 FINAL 3:00 pm  
 80 Shot Put SP1 FINAL 3:30 pm  
 86 Discus DT1 FINAL 4:30 pm  
 85 4x100m TR1 HEATS 5:10 pm  
 105 High Jump HJ3 FINAL 5:30 pm  
 113 4x100m TR1 FINAL 6:40 pm

## Under 10 Boys

13 4x200m TR1 HEATS 10:30 am  
 62 High Jump HJ3 FINAL 2:30 pm  
 52 4x200m TR1 FINAL 2:48 pm  
 74 Discus DT1 FINAL 3:30 pm  
 90 Long Jump LJ1 FINAL 4:30 pm  
 83 4x100m TR1 HEATS 4:45 pm  
 109 Shot Put SP1 FINAL 5:30 pm  
 111 4x100m TR1 FINAL 6:30 pm

## Under 11 Boys

11 4x200m TR1 HEATS 10:00 am  
 66 Shot Put SP1 FINAL 2:30 pm  
 50 4x200m TR1 FINAL 2:36 pm  
 78 Long Jump LJ1 FINAL 3:30 pm  
 73 4x100m TR1 HEATS 4:20 pm  
 88 High Jump HJ1 FINAL 4:30 pm  
 103 Discus DT1 FINAL 5:30 pm  
 101 4x100m TR1 FINAL 6:13 pm

## Under 9-11 Mixed

25 800m Medley TR1 Timed Finals 11:41 am

## Under 12 Boys

2 4x200m TR1 HEATS 8:42 am  
 41 4x200m TR1 FINAL 2:11 pm  
 60 Discus DT1 FINAL 2:30 pm  
 76 High Jump HJ1 FINAL 3:30 pm  
 71 4x100m TR1 HEATS 3:50 pm  
 92 Shot Put SP1 FINAL 4:30 pm  
 107 Long Jump LJ1 FINAL 5:30 pm  
 99 4x100m TR1 FINAL 6:03 pm

## Under 9 Girls

14 4x200m TR1 HEATS 10:42 am  
 65 Long Jump LJ2 FINAL 2:30 pm  
 53 4x200m TR1 FINAL 2:54 pm  
 81 Shot Put SP2 FINAL 3:30 pm  
 87 Discus DT2 FINAL 4:30 pm  
 84 4x100m TR1 HEATS 5:00 pm  
 106 High Jump HJ4 FINAL 5:30 pm  
 112 4x100m TR1 FINAL 6:35 pm

## Under 10 Girls

12 4x200m TR1 HEATS 10:18 am  
 63 High Jump HJ4 FINAL 2:30 pm  
 51 4x200m TR1 FINAL 2:42 pm  
 75 Discus DT2 FINAL 3:30 pm  
 82 4x100m TR1 HEATS 4:30 pm  
 91 Long Jump LJ2 FINAL 4:30 pm  
 110 Shot Put SP2 FINAL 5:30 pm  
 102 4x100m TR1 FINAL 6:18 pm

## Under 11 Girls

3 4x200m TR1 HEATS 8:54 am  
 49 4x200m TR1 FINAL 2:30 pm  
 67 Shot Put SP2 FINAL 2:30 pm  
 79 Long Jump LJ2 FINAL 3:30 pm  
 72 4x100m TR1 HEATS 4:05 pm  
 89 High Jump HJ2 FINAL 4:30 pm  
 104 Discus DT2 FINAL 5:30 pm  
 100 4x100m TR1 FINAL 6:08 pm

## Under 12 Girls

1 4x200m TR1 HEATS 8:30 am  
 40 4x200m TR1 FINAL 2:05 pm  
 61 Discus DT2 FINAL 2:30 pm  
 77 High Jump HJ2 FINAL 3:30 pm  
 70 4x100m TR1 HEATS 3:40 pm  
 93 Shot Put SP2 FINAL 4:30 pm  
 108 Long Jump LJ2 FINAL 5:30 pm  
 98 4x100m TR1 FINAL 5:58 pm

## Under 13 Girls

8 Long Jump LJ2 FINAL 9:00 am  
 16 Discus DT2 FINAL 10:00 am  
 35 Shot Put SP2 FINAL 12:30 pm  
 36 4x200m TR1 HEATS 1:30 pm

# SOUTH AUSTRALIAN LITTLE ATHLETICS ASSOCIATION

## Under 13 Boys

7	Long Jump	LJ1	FINAL	9:00 am
15	Discus	DT1	FINAL	10:00 am
34	Shot Put	SP1	FINAL	12:30 pm
44	High Jump	HJ1	FINAL	1:30 pm
37	4x200m	TR1	HEATS	1:40 pm
68	4x200m	TR1	FINAL	3:30 pm
97	4x100m	TR1	HEATS	5:50 pm
120	4x100m	TR1	FINAL	7:09 pm

## Under 14 Boys

5	High Jump	HJ1	FINAL	9:00 am
19	Long Jump	LJ1	FINAL	10:00 am
29	Discus	DT1	FINAL	12:30 pm
47	Shot Put	SP1	FINAL	1:30 pm
39	4x200m	TR1	FINAL	2:00 pm
95	4x100m	TR1	FINAL	5:38 pm

## Under 12-14 Mixed

24	800m Medley	TR1	Timed Finals	11:23 am
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## Under 15 Boys

9	Shot Put	SP1	FINAL	9:00 am
17	High Jump	HJ1	FINAL	10:00 am
32	Long Jump	LJ1	FINAL	12:30 pm
42	Discus	DT1	FINAL	1:30 pm
57	4x200m	TR1	FINAL	3:16 pm
116	4x100m	TR1	FINAL	6:53 pm

## Under 16 Boys

10	Shot Put	SP2	FINAL	9:00 am
18	High Jump	HJ2	FINAL	10:00 am
33	Long Jump	LJ2	FINAL	12:30 pm
43	Discus	DT2	FINAL	1:30 pm
56	4x200m	TR1	FINAL	3:11 pm
115	4x100m	TR1	FINAL	6:49 pm

## Under 17 Boys

10	Shot Put	SP2	FINAL	9:00 am
18	High Jump	HJ2	FINAL	10:00 am
33	Long Jump	LJ2	FINAL	12:30 pm
43	Discus	DT2	FINAL	1:30 pm
56	4x200m	TR1	FINAL	3:11 pm
115	4x100m	TR1	FINAL	6:49 pm

45	High Jump	HJ2	FINAL	1:30 pm
59	4x200m	TR1	FINAL	3:26 pm
96	4x100m	TR1	HEATS	5:42 pm
119	4x100m	TR1	FINAL	7:05 pm

## Under 14 Girls

6	High Jump	HJ2	FINAL	9:00 am
20	Long Jump	LJ2	FINAL	10:00 am
30	Discus	DT2	FINAL	12:30 pm
48	Shot Put	SP2	FINAL	1:30 pm
38	4x200m	TR1	HEATS	1:50 pm
69	4x200m	TR1	FINAL	3:35 pm
94	4x100m	TR1	HEATS	5:30 pm
121	4x100m	TR1	FINAL	7:13 pm

## Under 15 Girls

4	Discus	DT1	FINAL	9:00 am
21	Shot Put	SP1	FINAL	10:00 am
31	High Jump	HJ2	FINAL	12:30 pm
46	Long Jump	LJ1	FINAL	1:30 pm
55	4x200m	TR1	FINAL	3:06 pm
117	4x100m	TR1	FINAL	6:57 pm

## Under 16 Girls

4	Discus	DT1	FINAL	9:00 am
21	Shot Put	SP1	FINAL	10:00 am
31	High Jump	HJ2	FINAL	12:30 pm
46	Long Jump	LJ1	FINAL	1:30 pm
55	4x200m	TR1	FINAL	3:06 pm
117	4x100m	TR1	FINAL	6:57 pm

## Under 17 Girls

4	Discus	DT1	FINAL	9:00 am
21	Shot Put	SP1	FINAL	10:00 am
31	High Jump	HJ2	FINAL	12:30 pm
46	Long Jump	LJ1	FINAL	1:30 pm
55	4x200m	TR1	FINAL	3:06 pm
114	4x100m	TR1	FINAL	6:45 pm

# SOUTH AUSTRALIAN LITTLE ATHLETICS ASSOCIATION

## Under 17 Mixed

58	4x200m	TR1	FINAL	3:21 pm
118	4x100m	TR1	FINAL	7:01 pm

## Under 15-17 Mixed

23	800m Medley	TR1	Timed Finals	11:18 am
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## Dads

27	4x100m	TR1	Timed Finals	12:08 pm
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## Mums

26	4x100m	TR1	Timed Finals	12:00 pm
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**Please Note:** This is a proposed program and may be modified before the competition to better cater for the actual number of entries received. Check the LASA web site in the lead up to the competition for the final p