



2022 SA STATE TEAM



JOSHUA CAMERON

Hi, my name is Josh and I compete for Mount Gambier Little Athletics. I've always enjoyed school sports day & decided I wanted to do Little Athletics 2 years ago. I like being able to do lots of events with my friends on Friday evenings. I enjoy middle and long distance running. My favourite events are the 800m & 1500m. I also like cross country running and take part in the Mt Gambier ParkRun most Saturday mornings. I would like to thank my coach Sally, my parents for taking me to trainings and our training squad. I'm really looking forward to being part of the State Team because I get to represent South Australia and meet new people.



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SCARLETT AXON

Hi, my name is Scarlett Axon and I compete for Western Little Athletics Club. I have been doing athletics since I was four years old in Tiny Tots. My favourite events are the 80 metre hurdles, 100m, 200m and long jump. I love everything about athletics but the best part is training with friends and being able to watch and cheer them on when competing. I also enjoy playing football, surf lifesaving and netball. I would like to thank Bruce and Sharon for helping me get better and giving me support. I am so excited that I am going to be a part of the 2022 State Team and being able to go to Melbourne to compete.



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JAYDEN COORAY

Hi my name is Jayden Cooray and I compete for Magill Little Athletics Club. This is my first year in athletics and I already hold two club records in the 400m and 800m events.

This year I competed in SIC and came 2nd in 400m and 3rd in 200m. My favourite events are 100m, 200m and 400m. Next season I am planning to focus on field events as well. Outside of athletics I play soccer for Metro Stars. Doing athletics has helped me improve my running ability in soccer. I am honoured to be part of the State Team and I will try my hardest in all of my chosen events in Melbourne.



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AKON BAAK

My name is Akon and I compete for Enfield Little Athletics. I started athletics 3 years ago in under 10's. My favourite events are high jump, triple jump and long jump. I also love doing 80m hurdles, 100m and 200m. Over the years I have made lots of friends through competitions like SAPSASA and SIC. I have really enjoyed my athletics journey so far and I hope to continue it. I would like to thank my coaches Don and Trevor but also my friends for supporting me and my family for driving to all the trainings and competitions. Congratulations to all the athletes that made the State Team and I wish you all the best of luck.



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SPENCER DE LACY

Hi, my name is Spencer and I am proud to represent the Tea Tree Gully Little Athletics Club. I started Little Athletics 4 years ago, with my younger brother and cousins and have really enjoyed competing, meeting heaps of new friends and challenging myself to achieve new PB's. My favourite events are long jump, triple jump and shot put. Outside of Athletics, I participate in Basketball, Swimming and Alpine Skiing during the winter season. I would like to thank all of my coaches, our club committee, athletics officials and my family for their support. I am excited to represent my state and wish all of the team the very best in Melbourne.



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MADISON BROWN

Hi, my name is Madison Brown and I compete for Hallett Cove Little Athletics Club. This year is my 3rd year of competition and I have discovered my passion is for long distance running. My favourite distances are 800m, 1500m and Cross Country, and this is where I have been most successful. I also love playing Aussie Rules football where I get to run, tackle and kick a goal or two when I get the opportunity. I have found running and athletics to compliment other sports I participate in. I am excited to make the State Little Athletics Under 13 team and can't wait to compete with my friends and meet new people.





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RIVER DOWLING

River started his athletics journey at about 8 years of age. Over the past 5 years he has steadily improved.

This year has been his best and he is very excited to be a part of the SA team competing in Melbourne.





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INARA CASTLE

Hi my name is Inara Castle and I am a member of the Hills Little Athletics Club. I have just finished my second season of little athletics and will be starting my third season later this year. I started Little Athletics for one reason only, I wanted to pursue something like a career in shot put.

I started in under 12's and have been to SIC's twice, this year and last year. I have come 2nd both years and happened to make the State Team this year. I am very excited to go with everyone to Melbourne. Congratulations to the other members of the team.



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KEN FERRANTE TANIKAWA

Hello, I'm Ken! I have been competing for Woodville LAC since I was 6. I lived on Kangaroo Island until I was 11 and travelled heaps by ferry to Adelaide to participate in athletics. We did not have facilities on KI, except for a sand pit and sloping grass. We made the best of it and we are grateful to Woodville and SALAA for the great events and competition. I have naturally developed into a multi eventer, as I grew up doing all events, including Pole Vault in Seniors. I am very happy to be in the State Team and look forward to travelling to Melbourne with everyone. I wish all good luck in their events and a happy journey.



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TANVEER KAUR DUNDULI

Hi, my name is Tanveer Dunduli. I do athletics for Enfield LAC and this is my 5th year. My favourite events are the 1500m walk, high jump, triple jump & 100m. I enjoy doing these events because they are my best events and I find them fun and challenging at times. I'm very excited to make the 2022 State Team. My parents, friends & Enfield have supported me throughout the years to improve and practice so I could make it this far. Outside of athletics, I also enjoy playing other sports such as soccer. I play soccer for U13s at MUWFC and the part time state team. My favourite soccer teams are Chelsea FC and Man United.



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JACOB GORDON

Hi, I'm Jacob Gordon. I have been doing Little Athletics for 8 years. My favourite event is discus, but I also like shot put and javelin. When I was 10, I went to Darwin as part of the SAPSASA Track & Field Championships team. This was a great experience and I learnt a lot. It was good to have a coach teach me new things to improve my throws.

In the off season I enjoy playing football. I would like to thank my Mum & Dad for coaching and encouraging me. It means a lot to me to be part of the team as opportunities like this don't come along very often.



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HAYLEY FUSS

Hi, my name is Hayley Fuss and I represent Southern Hills Little Athletics Centre and Flinders Athletic Club. I started Little Athletics when I was 7. My whole family are obsessed with athletics! I'm a sprinter and my favourite events are the 100m and 200m and I am very excited and proud to now be representing South Australia in both of those events.

I have made so many friends in little athletics and had amazing support from my clubs and I would really like to thank my coaches Russel and Warren (my pa). Outside of athletics, you'll find me hanging with my friends!



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HAMISH GREEN

Hi, my name is Hamish and I compete for Tea Tree Gully Little Athletics Club. This is my 3rd year of Little Athletics and I started in the off-season of football to keep fit. I enjoy most of the events, but my favourites are high jump, hurdles, triple and long jump. Athletics has now become my main sport and I play soccer in the off-season. I'm very excited and grateful to represent Team SA and I would like to thank my coaches, family and friends for all the support they've given me and thank you also to the officials and volunteers. Congratulations to the other athletes who have made the team. I'm looking forward to competing, and cheering on Team SA!

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LILLIA GIANNAKIS

Hi my name is Lillia and I joined Campbelltown Little Athletics as an U7. I started Little Athletics because I loved running and I enjoyed meeting new friends. When I was 10 I was chosen for the SAPSASA State Team that went to Darwin in 2019 and since then, I've competed in all the SIC competitions and even broke the state record for the U11 80m hurdles. My favourite events are long jump, 100m and 200m.

I'm really excited to have made this year's State Team and want to congratulate everyone else that has made the team!



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PHOENIX JACKSON

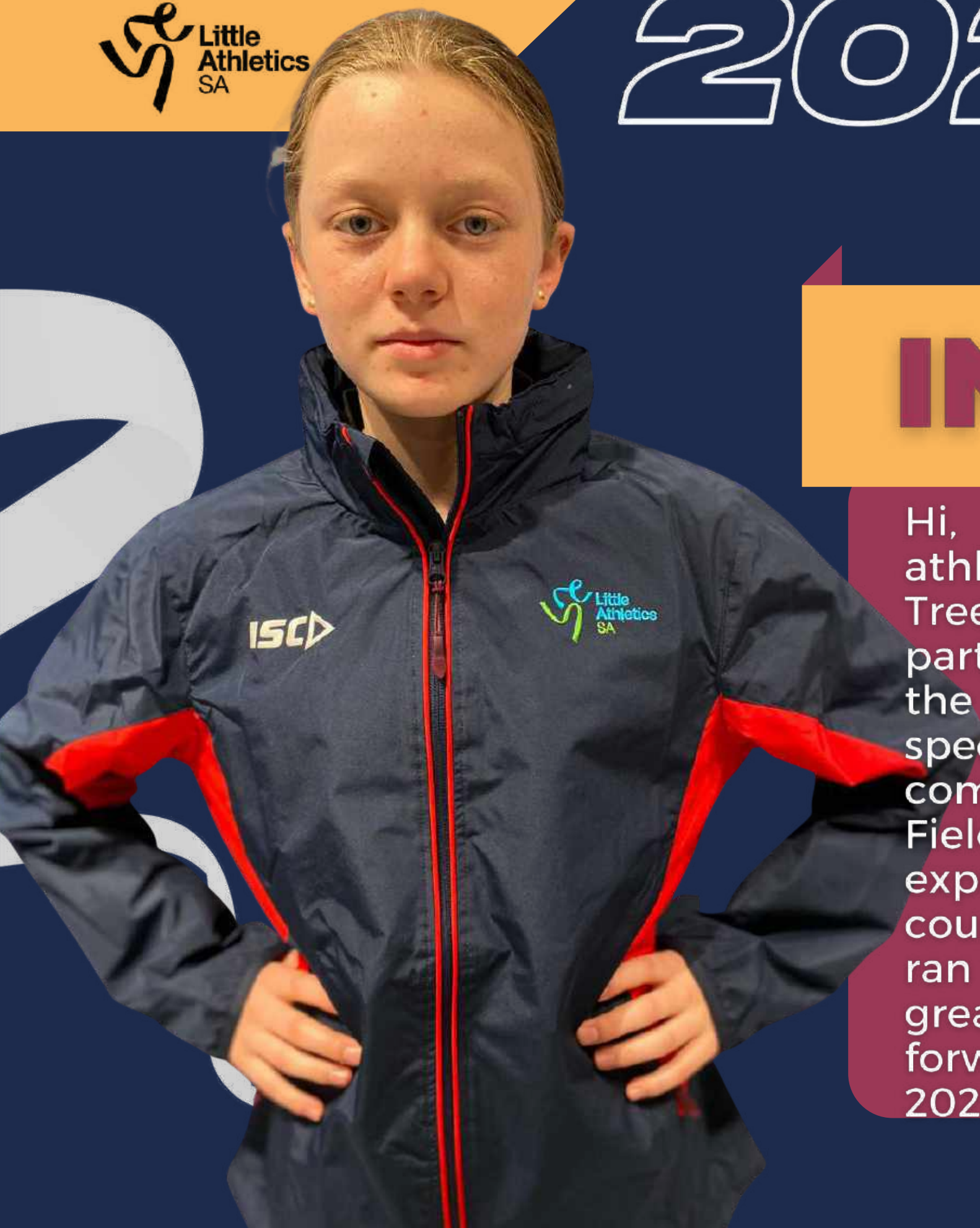
Hi, I'm Phoenix Jackson and I am super excited to be a part of the SA team for the Australian Little Athletics Championships. I have been a part of the Barmera Little Athletics Club since 2016 but have only done athletics for 4 years. I have many accomplishments involving athletics, my favourite would be placing first in long jump in the track and field country school championships. I have won age group champion at my athletics club and age group champion at school sports days. I also play footy and am currently training in the West Adelaide Football Club Country Academy. Thank you for giving me this chance to be a part of the SA Team for 2022.



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INDIA GOODALL

Hi, my name is India and I've been involved in athletics since I was 6 years old, competing at Tea Tree Gully Little Athletics Club. I've enjoyed participating in athletics over the years, especially in the track and jumps events. In recent years, I've specialised more in the 400 and 800m and recently competed for Team SA in the Australian Track & Field Championships in Sydney, which was a great experience. I've also competed for Team SA in cross country back in 2019 in Kembla Grange, NSW and ran with some of my current team-mates. I have great memories of that event and am looking forward to creating some new ones in Melbourne in 2022.





WILLIAM JARVIS

My name is Will Jarvis and I compete for Adelaide Harriers LAC. After starting in U10s, it was a thrilling experience for me to compete at SIC in the 70m, 100m, and 400m. One year later my results lifted dramatically where I won 3 medals at SIC and really started to find my passion. Since then, my results have continued to improve until I have got to here, going to nationals for both the 400m and the 800m. I would like to thank all the marshals and volunteers who make the Little Athletics experience more fun for us as kids. A special thanks to my coach Shane Danaher, who has helped me improve so much in the last 2 years.



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CAITLIN HARDIN

Hi, my name is Caitlin Hardin and I've competed for Woodville Little Athletics since I was in under 8s which makes this my 6th year. My favourite events are Cross Country, Middle Distance running and Hurdles although I enjoy doing all events. I have won gold, silver and bronze medals at state champs for athletics and cross country. I enjoy playing lots of sports including Basketball, Football and Netball, Little Athletics has helped me improve in all of them. My goals are to always get faster and continue to beat my personal bests. I am excited to be a part of the 2022 state team as we get to compete against the fastest in the country and create new friendships.



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GERARD MCGINLEY

My name is Gerard McGinley. I'm in year 8 and I'm part of Reynella East LAC. I started Little Athletics aged 4 with a different club and used to be great at the 50m sprint and high jump. Now my favourite events are Discus, 200m Hurdles, Long and Triple Jump. I've set a few club records in various events previously, but being selected for the State Team was a huge honour and I congratulate all the other members of this team. I'd like to thank my coach Dennis Lorenzin for his support. I also play 3 music instruments, I like Mathematics and some other sports I compete in are Swimming and Korfbal. In my spare time, I love speed cubing.



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CLAIRE HARDY

My name is Claire Hardy and I am 12 years old. I live in Christie's Beach, Adelaide. I started Little Athletics in 2016 with the Broken Hill LAC.

The next year I moved to Adelaide and joined my local Little Athletics club. In 2019 I took two years off running to concentrate on playing District basketball with the Southern Tigers. I came back to running for the 2021/2022 summer season competing for the Hallett Cove LAC.

My main events are the 100m, 200m, 400m and Long Jump.



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LOUIS PIETSCH

Hi, I'm Louis! I've been running since I joined Little Aths as a Tiny Tot at 3 years old. I love the longer events and have set several Woodville club records. I have won 3 x 800 and 1500m Little Aths state titles in a row and competed at the primary school nationals for athletics in 2019, and at Woollongong for Cross Country, where I was given fourth in 2019 after a sprint finish for third.

My biggest achievement was setting the world record for 10km for eight-year-olds, where I ran 40:28 in 2018. The record still stands, and my 1500m PB is 4:39:00.





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CHLOE HEATH

Hi, my name is Chloe Heath and I have been an athlete for the Salisbury Little Athletics Club for the past 7 years. My favourite events at athletics are Javelin and Discus. I have made some great friends at athletics and look forward to our interclub meets to compete against friends. Athletics has taught me it's not always about winning and more about personal improvement. I went from hitting the back of my head with the Javelin to Gold Medal in Javelin in 2 seasons which I am very proud of and would like to thank my coach Wendy for helping me. I'm looking forward to representing my club and SA at states.



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FLYNN RITOSSA

Hi, I'm Flynn Ritossa from the Adelaide Harriers Little Athletics Club.

When I was young, I only did Little Athletics a couple of sessions a year as it clashed with other sports I played (Football, Basketball, Soccer & Baseball). Thanks to Shane my coach I started doing Cross Country runs at school and he asked me to re-joined Harriers last winter and I found that my middle distance running had really improved. I have had a busy Summer running in Athletics SA and Little Athletics event days. I'm so excited to be in the State Team with friends and so many amazing SA athletes.



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ALICIA JONES

Hi, my name is Alicia Jones and I compete for the Golden Grove Little Athletics Club

I have been involved in Little athletics for nine years I started athletics in tiny tots I used to love all of the events but as I have grown older I now like Discus and Javelin. Over the years I have represented the club at multiple State Relay, Challenge, Combined and State Individual Championships.

I am so excited to have been selected for this year's State Team and look forward to the experience that being part of the team will bring and also making some new friends along the way.



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HUGO SEMMLER

Hi, I'm Hugo. I've been involved in athletics since I was a tiny tot and have loved athletics since I started. I've worked hard to be able to make national SAPSASA in Darwin and also worked hard to make the 2022 state team. I've made it to SIC's for as long as I can remember and had many achievements achieving gold, silver and bronze. When I was younger I used to be a sprinter in 100m and 200m and podiumed multiple times, but after a knee injury I've become better in shot put and javelin. I am really excited to be involved and hopefully make it to the top and come out with a medal for shot put and javelin.





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GRACE MARIN

Hi, my name is Grace, I am 13 years old and have been competing for Eastern Districts Little Athletics club since under 7's. What I enjoy about Little Athletics is the friendships you make along the way and competing in events. My favourite events are high jump, the walk and hurdles. I have enjoyed participating in these events since I started little athletics, and this year have medalled in high jump and the walk as I have also previously. My goal this year was to be able to be competitive at State Champs as I broke my arm after the 1st meet of the athletics season, resulting in missing half of the season.



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KAI SKUSE

Hi my name is Kai and this is my first season back at Little Athletics since Tiny Tots when I was 4 years old. I train at Salisbury Little Athletics Club and my favourite events are High Jump, Long Jump, Triple Jump and 80m hurdles. I am really excited that I made the 2022 State Team and can't wait to represent South Australia.

I want to thank Lindsey and the Salisbury Athletics Club for helping and believing in me. Congratulations to everyone else that made the team.



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KAYSII OBST

My name is Kaysii Obst and I compete for Eastern Districts Little Athletics Club. I have been actively involved in athletics since tiny tots. I really love making new friends and seeing them at different meets. My favourite events are the sprints and triple jump. I enjoy playing netball and volleyball, and love to take my dog Archer to the beach.

I am very proud to be selected in the State Team along with my friends that I have made. I would like to thank my mum and dad for their support. To my sister, Keeleigh, for our competitive sister rivalry, and to my coach, Don Brown, who always believed in me.

FINN SPANAGEL

Hi, I'm Finn Spanagel and I am a member of the Woodville Little Athletics Club. This is my third season of Little Athletics. While at Athletics, I love to do all the events, but my few favourites are High Jump, Long Jump, Hurdles and 400m.

I am very grateful that I made this team, and I will have to thank all my coaches that have helped me to achieve this goal. Aside from Athletics I enjoy playing footy and I am also a passionate Crows supporter. I am really excited to compete at ALACs and well done to everyone else who made the squad.

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EMMA POTTER

Hi, my name is Emma Potter and I compete for Hallett Cove Little Athletics Club.

I started athletics in under 11's and have loved it ever since. My favourite events are 1500m and 800m. I like long distance running and compete in cross country in the winter season. I love playing most sports, but my favourite team sport is soccer.

I think athletics is a great way to keep fit and active and have fun with your friends. I am really excited to have made the State Team this year and am looking forward to the experience and meeting new people.

MAX SWIFT

Hi, my name is Max Swift and I'm from Adelaide Harriers Little Athletics. This has been my first season of Little Athletics. I am a thrower and had done discus and shot put before for school athletics including SAPSASA but only picked up a javelin for the first time in October 2021! I like all the throws but currently I am enjoying shot put the most. I also love basketball, play volleyball and football. I am proud to represent South Australia and am looking forward to getting to know my teammates. I would like to thank Darcy Miller, Clem Miller, Ellen Bailey, Pete Thornton and my Harriers coaches. Also, my parents for taking me to all my trainings and events.

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ZOE REDIN

Hi my name is Zoe Redin, I have been a member of the Hills Little Athletics Centre since I was 6 years old. I am really excited and proud to be representing my club and South Australia. It has taken me a while to find my favourite events, but I really love jumps and throws and this year I have made the team with Javelin, which is my favourite event as I love to throw things a long way. I would like to thank my coach Paul for helping me get this far and my parents for their support. I am looking forward to the trip to Melbourne and meeting all of the other athletes from South Australia and interstate.



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OGBONNAYA UDUMA

Hi, my name is Ogbonnaya Uduma and I'm from the Hallett Cove Little Athletics Club. I first started athletics when I was five years old as a Tiny Tot, and as I grew older and started to understand the value of the sport, I began to really work hard to become a good athlete and I finally did last year and now this year.

I'm very excited that I made the 2022 State Team to go over to Melbourne. I will try my absolute best to try and get a medal.



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MAEYA ROBINSON

My name is Maeya, and I am an athlete from Woodville athletics club. I started athletics in under 10s and I have enjoyed every part of it. When I first started I did it as a social thing and to keep active but now it's my passion. My goal is to keep on getting new pbs and to make more state teams and to keep having fun with my friends. My favourite events are long distance, javelin, shot put.

I love playing sports, hanging out with friends, going to the beach and going on family holidayst], I also love going to training and training with my best friends who I have made through athletics. Well, done to everyone who made the state team!



2022 SA STATE TEAM

JAYDEN ZAMMIT

Hi! I'm Jayden Zammit and I'm a Salisbury Little Athletics Centre Member. I've been doing athletics for 9 seasons starting as a tiny tot. I have numerous club records and I'm a Junior life member. I have won an athlete of the month award which is awarded by SALAA. I enjoy playing school, social basketball and I'm a state medallist in swimming, I swim for Playford Aquatic. My favourite events are the walk, 100, 200 and SP. I want to thank my family who have supported me in all my sports, my friends from school and all my sports. I want to thank Bridget who was my Tiny Tot coach and a great support as I started my Athletics career.



2022 SA STATE TEAM

OLIVIA STUART

Hello, my name is Olivia Stuart, and I am a member of Tea Tree Gully Little Athletics Club. This is my 5th year of Little Athletics. I have competed in 2020, 21 and 22 at SIC's. My favourite event is Highjump, and my goal is to achieve 1.45 at Nationals. I have medalled once at SIC in 2020 I placed second, this season I placed 4th.

I would like to thank my coach Pat, parents David and Sonya, and my friends. I am very proud to make the state team and are looking forward to representing South Australia.



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ILUKA-ROSE TAYLOR

My name is Iluka. I first fell in love with running in Reception at my first sports day shortly after I joined Western Athletics Club. I love all events, but my favourite is 400m. My idol is Cathy Freeman who was a 400m runner. When I'm not running, you can find me playing tennis at my club Glenlea, another sport that lives close to my heart. I'm honoured to be picked to represent SA in this team. Thank you to my coach, officials, friends and family for helping me along the way, but mostly thank you to the other athletes that I call my friends in sharing the passion and the support we all give each other along the way.



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NEVEAH WILLIAMS

Hi, my name is Neveah Williams, I compete for Salisbury Little Athletics Club. 2021-2022 season is my 1st time taking part in Athletics club. I took part in school sport since age 6yrs. I represented my school in SACPSSA, SACSA and SAPSASA. I love and enjoy athletics. Track events are my best and 200m Hurdles is my favourite which I compete in SIC. I was so excited when I made it in the State Athletics Team. I thank my mum for her endless support. This opportunity has inspired me to work harder. Congratulations to all the athletes who are in the team. I look forward to making new friends and learn new athletics skills.





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LUCY ALLEN

My name is Lucy Allen. I've been competing at Eastern Districts Little Athletics club for 8 years. When I started, I was better at distance running and long jump, but over the years I've worked hard to improve my skills across all events with the help of my amazing coaches Deb and Rick. I really enjoy competing in multievent competitions so I can do a range of different events from sprints, throws, jumps and distance. I'm excited to be doing the heptathlon this year. The thing I love most about Little Athletics is all the friends I have made through it. I do cross country running over the winter and outside of athletics, I play cricket, AFL, netball and ballet.



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RONAN MORRIS

Hi, my name is Ronan Morris and I compete for the Hills Little Athletics Club. This is my 12th season of Little Athletics. I started Little Athletics when I was 3 years old in Tiny Tots. As I moved up, I loved competing in cross-country and the sprints. As I grew older, I found myself competing more in the throwing events. Now, my favourite events are the 100m, 200m, Javelin and Discus. I love to play basketball and have been playing for 6 years now and athletics has helped me improve. I am very proud to be selected in the SA Athletics Team and I am looking forward to representing SA at Nationals.



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SOPHIE RODGERS

Hi! I'm Sophie Rodgers and I represent Eastern Districts Little Athletics, and previously Magill. I've been competing in Little Athletics for 4 years, and my best events have been triple jump & 400m, and my favourite competition is the State Relay Day as I enjoy competing with my teammates. This year, I challenged myself by competing in the State Multi-Event Championships for the first time. It has been a huge learning curve, having to acquire new skills and techniques for different events in a short period of time, but it has paid off with the selection into this SA State Team! A big thank you to my coaches, Lio and Jacinta, for encouraging me to try something new.





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CHRISTIAN WHITWELL

Hi. My name is Christian Whitwell and I have been a member of Hills Little Athletics Club for 11 years. I started in Tiny Tots and have been competing ever since. I was always more of a thrower when I was younger but recently have been focusing more on jumping and running alongside throwing. This led me to start training for the combined event. I also play football and tennis.

My other hobbies include bike riding and gaming. It's a great privilege to be part of the SA State Team for 2022 and I look forward to representing our state in Melbourne.



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JULIA WATSON

Hi my name is Julia and I have participated in Little Athletics since I was 3 years old and enjoyed almost every second. In 2020, I missed competing in the U13 ALACs due to Covid and am now excited to be part of the 2022 U15 ALAC team.

This season has had many challenges, I have trained as best as possible and will do my best. I have managed some good PBs and achieved new goals. I'm excited to see what the future holds for me and other competitors too.



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JACKSON EASTWOOD

Hi, I'm Jackson Eastwood and I am a member of the Salisbury Little Athletics Club. I have been doing athletics for 7 years, starting in U9's. My favourite events are discus and the walks, however, I am a bit of an all rounder.

My greatest achievements were in the last year 2 years. In 2021 I came 3rd in the 1500m walk, and I finally won my first medal at the SIC's this year, where I won silver. My hobbies outside athletics are soccer and music.